

Format for College Website as per NCISM



Name: **Dr. Md Anzar Alam**
Designation: Assistant Professor
Department: Medicine (Moalajat)
Qualification: MD (Moalajat), Ph.D. (Moalajat)
Date of Birth: 10-04-984
State Domicile: Bihar
Registration No.: BR-714
Date of Joining: 18-02-2022
Languages Known: English, Urdu, Hindi, Bengali, Persian, Arabic, Kannada
Email: dranzarnium@gmail.com dranzaralam@jamiahamdard.ac.in

Communication Address: RZ- 2678-A/29, Tughlaqabad Extension, New Delhi-110019

Rank in common entrance exam for PG-2012:

First Rank holder, among 324 applicants, NIUM PG-entrance, Bengaluru-91

Academic Qualifications:

Degree/Qualification	Awarding Body	Year of Passing
High School	BSEB-Patna	1999
Intermediate	BIEC-Patna	2001
BUMS	Jamia Hamdard, New Delhi	2009
MD (Moalajat)	NIUM-RGUHS-Bangalore	2015
Ph.D. (Moalajat)	NIUM-RGUHS-Bangalore	2018
Research Topic for Ph.D.	Evaluation of the add on effect of Majoon-e-Sarakhs with Levothyroxine in Primary Hypothyroidism	

Achievements and Awards:

1. AYUSH “**Best Research Paper Award**” in Unani medicine in the “**Literary Category**”. The award was conferred in the function of ‘Unani Day’ held on Monday, 11thFebruary 2020 at Vigyan Bhawan, New Delhi with a cash prize of 50,000/-
2. AYUSH “**Best Research Paper Award**” in Unani medicine in the “**Literary Category**”. The award was conferred in the function of ‘Unani Day’ held on Sunday, 10thFebruary 2018 at VigyanBhawan, NewDelhi as one of the Authors of the paper.
3. Published research papers in international journals with high impact factors and cite scores. All the papers are indexed in Pubmed, Medline, Scopus, Web of Science, Google Scholar, etc.

4. Completed two projects working as Senior Research Fellow at Jamia Millia University and ICMR, New Delhi. The project details are:
 - Worked as SRF (Unani), Dept. of Biosciences Jamia Millia University, New Delhi, 20-04- 2011 to 23.02.2012, under **Prof.TasneemFatma** Dept. of Biosciences for the project entitled “**Evaluation of Hypoglycaemic compound fromCyanobacteria.**”
 - Worked as SRF (Unani), Dept. of Basic Medical Sciences, Indian Council of Medical Research (ICMR), NewDelhi,24-02-2012to17-09-2012,under**Dr.O.P.Agarwal**,EmeritusScientist CSIR, for the project entitled “**Identification of effective products of Unani medicine through innovative analysis.**”
 - CoPI in EMR Project at NIUM, by RGUHS, Karnataka.

Papers Presented in National & International Conferences & seminars:

1. Md Anzar Alam (Invited speaker) presented a paper entitled “**Evaluation of the add on effect of Majoon-e-Sarakhs with Levothyroxine in Primary Hypothyroidism-A Randomised Standard Control Trial**” on occasion of 2nd International Conference organized by the Department of Pharmacy, Faculty of Pharmacy, University of Dhaka, Bangladesh on Pharmaceutical Sciences, Pharmacy Practice, and Traditional Medicines, dated on 10-11 February 2023.
2. Md Anzar Alam presented a paper entitled “**Evidence Based approach of Unani Medicine for the management of Life Style Disorders**” in International Conference on Role of Unani Herbal Drugs in Present Day Scenario and Lifestyle Disorders Organized by Department of Tahaffuzi Wa Samaji Tibb School of Unani Medical Education and Research (SUMER), Jamia Hamdard & National Environmental Science Academy, New Delhi on 29-30 March 2022.
3. Md Anzar Alam (Guest speaker)presented a paper entitled “**Potential Herbal drugs used as anticancerous agent**” on occasion of 6th world Unani Day (ONCON-22) organised by AUP Bihar & Buddha Cancer Centre, Patna on 13th March 2022.
4. Md Anzar Alam (Guest speaker for Webinar) presented a paper entitled “**AmrazeWabai and their management in Unani Medicine**” organised by Govt. Tibbi College & Hospital, Patna on 31 January 2022.
5. Md Anzar Alam (Guest speaker for Webinar)presented a paper entitled “**Importance of Ph.D in Unani Medicine**” organised by Govt. Tibbi College & Hospital, Patna on 13 April 2021.
6. Md Anzar Alam presented a paper entitled “**Effect of thyroid disorders on Skin and their management through Unani Medicine** in Unani Utsav which was organized by the Department of AYUSH Karnataka on11-02-2019.
7. 1st World History of Unani Medicine Conference 2019, organized by the Nayyer-e-Tibb Hakim Ahmed Ashraf Academy for Public Health and Medical Heritage, Hyderabad held between 28th -30th November 2019 attended as a **presenter** and delivered a lecture on “**Historical Background of endocrinology in Unani Medicine**” on 29thNovember2019

8. Md Anzar Alam, presented a paper entitled “**Consequences of Hypothyroidism on Gastrointestinal Tract**” in the National Seminar on Gastroenterology, Hepatobiliary and Lifestyle Disorders which was organized by UMDA – Telangana on 23-02-2019.
9. Md Anzar Alam, MA, Siddiqui. **Evidence-Based Medicine for Diabetes which claims for Insulin Mimetic activity and DPP-4 Inhibitors: Sources Other than Pancreas.** International Conference on Unani Medicine, organized by NIUM Bengaluru, October 2016.
10. Md Anzar Alam. **Cardioprotective Drugs in Unani Medicine.** National Seminar organized by Luqman Unani Medical College, Hospital, and Research Centre. April 2016.
11. Md Anzar Alam, Ubaidul Hai, Roohi Zaman presented a paper entitled “**Dementia (Nisyan) and its Health Promotive Approach Described in Unani System of Medicine**” in an international seminar on Paralysis by NEUROSEM-2015 at Hyderabad.
12. Md Anzar Alam, from ICMR, presented a paper entitled “**Antioxidant & immunomodulatory properties of Tahlab and other Medicinal Plants,** in International Conference on Islamic Medicine organized by Islamic Health Organisation and Faculty of Medicine (Unani), Jamia Hamdard New Delhi in 2012.
13. Md Anzar Alam, from ICMR presented a paper entitled “**Hypoglycaemic effect of medicinal plants and Spirulina**” (1st Prize winner) in the National Seminar on Lifestyle Disorders and Role of Unani Medicine, organized by Faculty of Medicine (U), Jamia Hamdard New Delhi on 2012.

14. Publications in peer reviewed National & International journals, Citations,

H-index:

a. Google

Scholar: <https://scholar.google.com/citations?user=S60pwvwAAAAJ&hl=en>

b. ORCID: <https://orcid.org/0000-0002-3548-8873>

c. Publons: <https://publons.com/researcher/3653404/md-anzar-alam/>

d. Web of Science Researcher ID: [AAO-7335-2020](https://www.webofscience.com/authid/detail.uri?authorId=57215133312)

e. Scopus: <https://www.scopus.com/authid/detail.uri?authorId=57215133312>

15. Experience in teaching and non-teaching:

Period From	To	Designation & nature of employment	Full name & address of employer	Duration
20-04- 2011	23-02-2012	SRF (Unani)	Jamia Millia Islamia, New Delhi	10 months 03 days
24-02-2012	17-09-2012	SRF (Unani)	ICMR, New Delhi	06 months 24 days
31-12-2015	30-03-2016	RMO (Contractual)	NIUM, Bangalore	3 months

01-04-2016	21-10-2016	Assistant Professor	Luqman Unani Medical College, Bijapur	06 months 20 days
17-01-2020	16-12-2020	Lecturer (contract basis)	NIUM, Bangalore	11 months
21-12-2020	08-06-2021	Lecturer (contract basis)	NIUM, Bangalore	5 month 18 days
22-06-2021	17-02-2022	Clinical Registrar	NIUM Bangalore	07 months, and 25 days
18-02-2022	18-04-203	Assistant Professor	SUMER, Jamia Hamdard	01 Year, and 02 months
19-04-203	Till date	Assistant Professor	SUMER, Jamia Hamdard	
Note:	22-10-2016 to 15-01-2020 (Fulltime Ph. D) = As per NCISM 03 Years Teaching Experience. CG-DL-E-02032022-233801.Part-III, Section-IV. Page Numer:75			

16. REVIEWER OF PEER REVIEWED INTERNATIONAL JOURNALS:

- a. Journal of Traditional and Complementary Medicine (Elsevier)
- b. Journal of Herbal Medicine (Elsevier)
- c. Journal of Ethnopharmacology (Elsevier)
- d. Phytomedicine Plus (Elsevier)
- e. Phytomedicine (Elsevier)
- f. Chinese Journal of Integrative Medicine (springer)
- g. Postgraduate Medicine (Taylor & Francis)
- h. Explore(Elsevier)
- i. Alternative Therapies in Health and Medicine
- j. Indian Journal of Traditional Knowledge(NISCAIR)
- k. Pharmacognosy Research (WoltersKluwer)
- l. Indian Journal of Biochemistry and Biophysics(NISCAIR)
- m. Horticulture International Journal (MedCrave Group)
- n. Biomedical and PharmacologyJournal
- o. Journal of Complementary and IntegrativeMedicine (De Gruyter)
- p. Drug Metabolism and Personal Therapy (De Gruyter)
- q. Clinical Interventions in Aging (Dove Medical Press)
- r. European Journal of Medicinal Plants
- s. Journal of Evidence-Based Complementary & Alternative Medicine (SAGE Publications)

t. Journal of Pharmacy and Bioallied Sciences (Medknow Publications) etc.

19. Nodal Officer for Immunity boosting Drug Distribution at NIUM, Bengaluru,
Under AzadiKaAmritMahotsav- Past.

a. Core committee member of NABH, Majeedia Hospital, Jamia Hamdard-
Presently.

b. Core committee member of the library of SUMER, Jamia Hamdard- Presently.

20. Research Thrust Areas:

- a. Endocrine Disorders
- b. Metabolic Disorders
- c. Hepatobiliary Disorders
- d. Sexual Disorders
- e. Neuromusculoskeletal Disorder

21. Number of Master's (M.D.) theses/ dissertations Guided as supervisor: 01

(Moalajat).<https://trialsearch.who.int/Trial2.aspx?TrialID=CTRI/2021/02/0310>
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22. Project Sanctioned in DST -The Start-up Research Grant for Newly Recruited
Faculty Members: 16, 50,000 LAC.