

Format for College Website as per NCISM



Name: **Dr. Md Anzar Alam**
Designation: Assistant Professor
Department: Ilmu Atfal (Paediatrics)
Qualification: MD (Moalajat), Ph.D. (Moalajat)
Date of Birth: 10-04-984
State Domicile: Bihar
Registration No.: BR-714
Date of Joining: 18-02-2022
Languages Known: English, Urdu, Hindi, Bengali, Persian, Arabic, Kannada
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Communication Address: RZ- 2678-A/29, Tughlaqabad Extension, New Delhi-110019

Rank in common entrance exam for PG-2012:

First Rank holder, among 324 applicants, NIUM PG-entrance, Bengaluru-91

Academic Qualifications:

Degree/Qualification	Awarding Body	Year of Passing
High School	BSEB-Patna	1999
Intermediate	BIEC-Patna	2001
BUMS	JamiaHamdard, New Delhi	2009
MD (Moalajat)	NIUM-RGUHS-Bangalore	2015
Ph.D. (Moalajat)	NIUM-RGUHS-Bangalore	2018
Research Topic for Ph.D.	Evaluation of the add on effect of Majoon-e-Sarakhs with Levothyroxine in Primary Hypothyroidism	

Achievements and Awards:

1. AYUSH “**Best Research Paper Award**” in Unani medicine in the “**Literary Category**”. The award was conferred in the function of ‘Unani Day’ held on Monday, 11th February 2020 at Vigyan Bhawan, New Delhi with a cash prize of 50,000/-
2. AYUSH “**Best Research Paper Award**” in Unani medicine in the “**Literary Category**”. The award was conferred in the function of ‘Unani Day’ held on Sunday, 10th February 2018 at Vigyan Bhawan, New Delhi as one of the Authors of the paper.
3. Published research papers in international journals with high impact factors and cite scores. All the papers are indexed in Pubmed, Medline, Scopus, Web of Science, Google Scholar, etc.
4. Completed two projects working as Senior Research Fellow at Jamia Millia

University and ICMR, New Delhi. The project details are:

- Worked as SRF (Unani), Dept. of Biosciences Jamia Millia University, New Delhi, 20-04- 2011 to 23.02.2012, under **Prof. Tasneem Fatma** Dept. of Biosciences for the project entitled “**Evaluation of Hypoglycaemic compound from Cyanobacteria.**”
- Worked as SRF (Unani), Dept. of Basic Medical Sciences, Indian Council of Medical Research (ICMR), New Delhi, 24-02-2012 to 17-09-2012, under **Dr. O.P. Agarwal**, Emeritus Scientist CSIR, for the project entitled “**Identification of effective products of Unani medicine through innovative analysis.**”
- CoPI in EMR Project at NIUM, by RGUHS, Karnataka.

Papers Presented in National & International Conferences & seminars:

1. Md Anzar Alam presented a paper entitled “**Evidence Based approach of Unani Medicine for the management of Life Style Disorders**” in International Conference on Role of Unani Herbal Drugs in Present Day Scenario and Lifestyle Disorders Organized by Department of Tahaffuzi Wa Samaji Tibb School of Unani Medical Education and Research (SUMER), Jamia Hamdard & National Environmental Science Academy, New Delhi on 29-30 March 2022.
2. Md Anzar Alam (Guest speaker) presented a paper entitled “**Potential Herbal drugs used as anticancerous agent**” on occasion of 6th world Unani Day (ONCON-22) organised by AUP Bihar & Buddha Cancer Centre, Patna on 13th March 2022.
3. Md Anzar Alam (Guest speaker for Webinar) presented a paper entitled “**Amraze Wabai and their management in Unani Medicine**” organised by Govt. Tibbi College & Hospital, Patna on 31 January 2022.
4. Md Anzar Alam (Guest speaker for Webinar) presented a paper entitled “**Importance of Ph.D in Unani Medicine**” organised by Govt. Tibbi College & Hospital, Patna on 13 April 2021.
5. Md Anzar Alam presented a paper entitled “**Effect of thyroid disorders on Skin and their management through Unani Medicine** in Unani Utsav which was organized by the Department of AYUSH Karnataka on 11-02-2019.
6. 1st World History of Unani Medicine Conference 2019, organized by the Nayer-e-Tibb Hakim Ahmed Ashraf Academy for Public Health and Medical Heritage, Hyderabad held between 28th -30th November 2019 attended as a **presenter** and delivered a lecture on “**Historical Background of endocrinology in Unani Medicine**” on 29th November 2019
7. Md Anzar Alam, presented a paper entitled “**Consequences of Hypothyroidism on Gastrointestinal Tract**” in the National Seminar on Gastroenterology, Hepatobiliary and Lifestyle Disorders which was organized by UMDA – Telangana on 23-02-2019.
8. Md Anzar Alam, MA, Siddiqui. **Evidence-Based Medicine for Diabetes which claims for Insulin Mimetic activity and DPP-4 Inhibitors: Sources**

Other than Pancreas. International Conference on Unani Medicine, organized by NIUMBengaluru,

October 2016.

9. MdAnzarAlam.**CardioprotectiveDrugsinUnaniMedicine.**
NationalSeminarorganized by Luqman Unani Medical College, Hospital, and Research Centre. April2016.
10. Md Anzar Alam, Ubaidul Hai, Roohi Zaman presented a paper entitled “**Dementia (Nisyan) and its Health Promotive Approach Described in Unani System of Medicine**” in an international seminar on Paralysis by NEUROSEM-2015 atHyderabad.
11. Md Anzar Alam, from ICMR, presented a paper entitled “**Antioxidant & immunomodulatory properties of Tahlab and other Medicinal Plants**, in International Conference on Islamic Medicine organized by Islamic Health Organisation and Faculty of Medicine (Unani), JamiaHamdard New Delhi in2012.
12. Md Anzar Alam, from ICMR presented a paper entitled “**Hypoglycaemic effect of medicinal plants and Spirulina**” (1stPrize winner) in the National Seminar on Lifestyle Disorders and Role of Unani Medicine, organized by Faculty of Medicine (U), JamiaHamdard New Delhi on2012.

13. Publications in peer reviewed National & International journals, Citations,

H-index:

a. Google

Scholar:<https://scholar.google.com/citations?user=S60pwwAAAAJ&hl=en>

b. ORCID: <https://orcid.org/0000-0002-3548-8873>

c. Publons: <https://publons.com/researcher/3653404/md-anzar-alam/>

d. Web of Science ResearcherID: [AAO-7335-2020](https://www.researcherid.com/rid/AAO-7335-2020)

e. Scopus: <https://www.scopus.com/authid/detail.uri?authorId=57215133312>

14. Experience in teaching and non-teaching:

Period From	To	Designation & nature of employment	Full name & address of employer	Duration
20-04- 2011	23-02-2012	SRF (Unani)	JamiaMilliaIslamia, New Delhi	10 months 03 days
24-02-2012	17-09-2012	SRF (Unani)	ICMR, New Delhi	06 months 24 days
31-12-2015	30-03-2016	RMO (Contractual)	NIUM, Bangalore	3 months
01-04-2016	21-10-2016	Assistant Professor	Luqman Unani Medical College, Bijapur	06 months 20 days
17-01-2020	16-12-2020	Lecturer (contract basis)	NIUM, Bangalore	11 months
21-12-2020	08-06-2021	Lecturer (contract basis)	NIUM, Bangalore	5 month 18 days
22-06-2021	16-02-2022	Clinical Registrar	NIUM Bangalore	07 months, and 25 days

18-02-2022	Till date	Assistant Professor	SUMER, JamiaHamdard	
Note:	22-10-2016 to 15-01-2020 (Fulltime Ph. D) = Asper NCISM 03 Years Teaching Experience. https://ncismindia.org/NCISM%20Gazette%20notification.pdf			

15. Others Activities:

- **Reviewer for various journals** like Journal of Traditional and Complementary Medicine (Elsevier), Journal of Herbal Medicine (Elsevier), Explore(Elsevier), Alternative Therapies in Health and Medicine, Indian Journal of Traditional Knowledge(NISCAIR), Pharmacognosy Research (WoltersKluwer), Indian Journal of Biochemistry and Biophysics(NISCAIR), Horticulture International Journal (MedCrave Group), Biomedical and PharmacologyJournal, Journal of Complementary and IntegrativeMedicine (De Gruyter), Drug Metabolism and Personal Therapy (De Gruyter), Clinical Interventions in Aging (Dove Medical Press), European Journal of Medicinal Plants, and Journal of Evidence-Based Complementary & Alternative Medicine (SAGE Publications), Chinese Journal of Integrative Medicine (springer), Postgraduate Medicine (Taylor & Francis), Journal of Pharmacy and Bioallied Sciences (Medknow Publications) etc.
- **Nodal Officer** for Immunity boosting Drug Distribution at NIUM, Bengaluru, Under AzadiKaAmritMahotsav- Past.
- Core committeemember of NABH, Majeedia Hospital, JamiaHamdard- Presently.
- Core committee member of the library of SUMER, JamiaHamdard- Presently.

16. Research Thrust Areas:

1. Endocrine Disorders
2. Metabolic Disorders
3. Hepatobiliary Disorders
4. Sexual Disorders
5. Neuro-musculoskeletal Disorder

17. Number of Master's (M.D.) theses/ dissertations Guided as supervisor: 01

(Moalajat). <https://trialsearch.who.int/Trial2.aspx?TrialID=CTRI/2021/02/031058>