

## Format for College website as per CCIM

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Designation: ASSISTANT PROFESSOR  
Department: ILAJ BIL TADBEER  
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Date of Birth: 16-08-1985  
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Date of Joining: 02-01-2012  
Past Experience Detail: NIL  
Total Experience: 7 Years & 10 Months



### Publications List : From January 2018 to till date

1. Sadia Nikhat, Yasmeen Shamsi. Efficacy of *Hijamah* (cupping) Therapy in Frozen Shoulder Secondary to Diabetes-Case Report. *International Journal of Basic and Applied Biology*. 2018, 5 (3), 154-157
2. Yasmeen Shamsi, Rais-ur-Rahman, Sadia Nikhat, Azhar Jabeen. Brahmi (*Centella asiatica* Linn): A Natural Nootropic. *Indian Journal of Unani Medicine*. 2018, 11 (1), 22-27.
3. Sadia Nikhat, Yasmeen Shamsi, Mohd. Fazil. Overcoming Pain: An Exploration of Analgesia in Ibn Sina's Al-Qanoon Fil Tibb. *Journal of Drug Delivery and Therapeutics*. 2019, 9 (3), 571-574.
4. Mohd. Fazil, Sadia Nikhat. Cauterization in the Work of Ibn Al Qaf Masihi (1233-1286 AD)-Medical Heritage of 13<sup>th</sup> Century. *Traditional and Integrative Medicine*. 2019, 4 (2), 91-99.
5. Yasmeen Shamsi, Sadia Nikhat, Arun Mukherjee, Vipla Gombar, Sumit Sinha. Role of Unani Neuroprotective Herbal Drugs in the Management of Autism. *International Journal of Research and Review*. 2019, 6 (9), 12-20.
6. Yasmeen Shamsi, Rabia Khan, Sadia Nikhat. Clinically Significant Improvement in a Case of Bronchial Asthma with Unani Medicine: A Case Report. *Traditional and Integrative Medicine* 4 (3), 130-136.

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