

# Curriculum Vitae



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## Personal Information

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**Name** DR. MOHD AKHTAR ALI

**Father's Name** MD Ahsan Zeya

**Date of Birth** 05-03-1986

**Languages known** Urdu, English, Hindi, Arabic, Persian

**Contact:** c/o Hakim Mohad Ziauddin Rashidi  
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## Academic Qualifications

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Course	Institution	Year	Division
MD (Ilmul Saidla)	National Institute of Unani Medicine (NIUM), Bengaluru	2016	1 <sup>st</sup>
BUMS	Aligarh Muslim University (AMU), Aligarh	2012	1 <sup>st</sup>
Fazilat	Mazahir Al-Uloom, Saharanpur	2005	1 <sup>st</sup>

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## Certificate Courses

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- Attended & successfully completed course on Care, Breeding and Management of Laboratory Animal” for the year 2015, organised by Central Anima Research Facility, National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru.
  - Certificate in Health care Waste Management, IGNOU, 2010.
  - Certificate in Computer Application, Aligarh Muslim University, Aligarh, 2009.
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**Experience**

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- Worked as an Assistant Professor, Department of Ilmul Saidla, Zulfeqar Haidar Unani Medical College & Hospital, Siwan, Bihar, India, PIN-841226 from 07.02.2017 to 17.01.2022 (4 years 11 months 10 days)
- Worked as a Lecturer, Department of Ilmul Saidla, State Unani Medical College & Hospital, Prayagraj, UP, India, PIN-211016 from 21.01.2022 to 9.04.2025.(3 years 2 months 19 days)
- Presently working as an Assistant Professor, Department of Ilmul Saidla, School of Unani Medical Education & Research, Jamia Hamdard, New Delhi-110062 from 11.04.2024 till date.

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**Member of Committees**

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- Member of the Expert Committee for the subject “Ilmul Saidla (PG)” to frame the Competency Based Curriculum and Syllabus for the Postgraduate Program of Ilmul Saidla as per the National Commission for Indian System of Medicine 2024.
- Member (as Pharmacologist) of Institutional Ethics Committee (IEC), State Unani Medical College & Hospital, Prayagraj, Uttar Pradesh 2024.
- Coordinator, Pharmacovigilance Cell, SUMC, Prayagraj
- Member Academic Committee, SUMC, Prayagraj.
- Member, Counselling Committee, SUMC, Prayagraj 2024.
- Member College Council, SUMC, Prayagraj.
- Member, Research and Innovation Cell, SUMC, Prayagraj.
- Member Language Club, SUMC, Prayagraj
- Member, Technical Review Committee for approval of Research Protocol, SUMC, Prayagraj, 2024.
- Member, Human Resource Development Committee, SUMC Member Academic Committee, SUMC, Prayagraj.
- Member of Syllabus Framing Committee for the “B Pharma Unani” Mahayogi Guru Gorakhnath AYUSH University, Bhathat, Gorakhpur, Uttar Pradesh-273306
- Member of Syllabus Framing Committee for the subject “Ilmul Saidla wa Murakkabat (Unani Pharmacy and Compound Drugs) - Paper (I)- Ilmul Saidla (Unani Pharmacy)” of 2<sup>nd</sup> Professional BUMS as per the National Commission for Indian System of Medicine (Minimum Standard of Undergraduate Unani Education) Regulations, 2022.
- Member of Institutional Ethics Committee (IEC), State Unani Medical College & Hospital, Prayagraj, Uttar Pradesh 2023.

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**Citations**

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- Total Number of Citations: 111 (as on 16 March 2025)
- h-index: 7
- i10- index: 3
- Citation as per Google Scholar

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**Examiner**

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- Examiner of B.U.M.S. and M.D. courses in various Universities in India.

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## Reviewer

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- Web of Science™

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## Publications

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### Books

1. Khawāṣ al-Ashyā' by Mohammad bin Zakariya Translated in Urdu by Mohd Akhtar Ali, Shamim Irshad Azmi, Shaikh Ajij Ahmed Makbul, Md Izhar Alam. Zeya Enterprises, Ranchi, 2025. E-book ISBN: 978-93-342-0358-5.
2. A'mār al-'Aqāqīr al-Mufrada wa al-Adwiya al-Murakkaba by Abū al-Qāsim Khalaf ibn al-'Abbās al-Zahrāwī Edited and Translated by Shamim Irshad, Mohd Akhtar Ali, Shaikh Ajij Ahmed Makbul. Islahi Healthcare Foundation, New Delhi, 2024. ISBN: 978-81-9672-252-4.

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### Chapters in international edited books

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1. Effect of Convolvulus Pluricaulis (Shankhpushpi) and Bacopa Monnieri (Brahmi) on Aging-Related Diseases and Memory Deficits. Medicinal Plants for the Management of Neurodegenerative Diseases. CRC Press. (1st ed.) 2024:85-98. [https:// DOI: 10.1201/9781003392941-7](https://doi.org/10.1201/9781003392941-7).

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### Research and Review papers Published in indexed National and International Journals

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1. Modification and Physicochemical Evaluation of Naque Nazla a Unani Infusion Preparation for Cold and Flu into Soluble Granules. Pharmacognosy Research. 2024;16(4). <https://dx.doi.org/10.5530/pres.16.4.96>.
2. Review of Therapeutic Clays used in Reference to Unani System of Medicine. J Young Pharm. 2023;15(2):212-23. <https://dx.doi.org/10.5530/jyp.2023.15.30>
3. Standardization of Habb-e-Rewand: A Unani formulation for Liver disorder. Journal of Research in Unani Medicine, NIUM 2022;10 (1):19-30. (ISSN 2320-8015)
4. History of Ilmul Saidala (Unani Pharmacy) Through Ages: A Critical Appraisal and Current Scenario. Bangladesh Journal of Medical Science. 2022 Jan 1;21(1):24-36. <https://doi.org/10.3329/bjms.v21i1.56324>.
5. Intikhab Badal-i-Jalinus. Jahan-e-Tib, CCRUM. 2021;23(1-4):21-28. [ISSN 0974-1372]
6. Kitab al-Tasrif me Saidla ke Mabahis 28th Maqla ke Khususi Hawala se. Jahan-e-Tib, CCRUM 2021;23(1-4):51-57. [ISSN 0974-1372]

7. Comparative physicochemical analysis of Kushta-E-Murdarsang prepared by classical and muffle furnace method. Journal of Young Pharmacists. 2021;13(3):205. <https://dx.doi.org/10.5530/jyp.2021.13.43>.
8. A Review on Pharmacological and Phytochemical Profile of Khatmi (*Althaea officinalis* Linn.): An important mucilaginous plant and its utilization in Unani system of medicine. Int. J. Res. Ayurveda Pharm. 2021;12(3):63-72. <http://dx.doi.org/10.7897/2277-4343.120376>.
9. Qarābādhīn (Pharmacopoeia) in Greeco-Arabian era: A Historical and Regulatory Perspective. International Journal of Human and Health Sciences (IJHHS), [S.l.],2021:5(4)388-404. ISSN 2523-692X. DOI: <http://dx.doi.org/10.31344/ijhhs.v5i4.348>.
10. Contribution of al- Zahrawi (Albucasis) in the field of Pharmacy and Pharmacology with respect to his treatise Kitab al-Tasreef. International Journal of Human and Health Sciences (IJHHS). 2021;05(02):276-285. <http://dx.doi.org/10.31344/ijhhs.v5i3.276>.
11. Formulation, physicochemical and mating behavior evaluation of tablet modified from Safoof kharekhasak: A Unani Pharmacopoeia aphrodisiac powder. International Journal of Green Pharmacy:Jan-Mar 2020;14 (1):1-16. <https://doi.org/10.22377/ijgp.v14i1.2767>.
12. Aslussoos (Glycyrrhizaglabra Linn): A root with immense pharmaceutical potential and its utilization in Unani system of medicine. International Journal of Herbal Medicine 2019; 7(5): 27-34.
13. DusturulBimaristan: EkMotala. JahaneTibb. CCRUM. New Delhi 2015-2019:17-21:37-40. [ISSN 0974-1372]
14. Application of Analytical techniques in characterization of Calx, a dosage form of traditional systems of medicine. RGUHS Journal of AYUSH Sciences.2019;6(2)17-29. DOI: [https://doi.org/10.26715/rjas.6\\_2\\_2](https://doi.org/10.26715/rjas.6_2_2).
15. Recent trend in traditional medicine dosage form and present status of Unani and Ayurvedic medicine. Int J Pharm Sci& Res 2019; 10(4): 1640-49. [https://doi.org/10.13040/IJPSR.0975-8232.10\(4\).1640-49](https://doi.org/10.13040/IJPSR.0975-8232.10(4).1640-49).
16. Unani formulations for management of diabetes: An overview. International Journal of Green Pharmacy Oct-Dec 2018 (Suppl) 12 (4) | S769-83. <https://doi.org/10.22377/ijgp.v12i04.2254>.
17. Pharmaceutico-analytical study of Kushtae Shangarf prepared with Jozbua (*Myristicafragrans*Houtt.) and Phitkari (alum). J Pharm BioallSci 2018;10:144-58.( [https://doi.org/10.4103/jpbs.jpbs\\_25\\_17](https://doi.org/10.4103/jpbs.jpbs_25_17)) --ISSN: 0976-4879 (print); 0975-7406 (web)). [PubMed]
18. Preliminary physicochemical evaluation of kushta-e-zaharmohra: A unique formulation of unani medicine. Ancient Sci Life 2018; 37:127-32. [PubMed] [https://doi.org/10.4103/asl.asl\\_145\\_17](https://doi.org/10.4103/asl.asl_145_17).
19. Pharmaceutical and Cosmeceutical preparations for Baras (Vitiligo/Leucoderma) in Unani Medicine: An overview. Journal of Research in Unani Medicine, NIUM 2018;5 (1):78-92. (ISSN 2320-8015)
20. Phyto-pharmacological potential of Jaiphal (*Myristicafragrans*Houtt): A spice of medicinal importance and its utilization in Unani Medicine. International Journal of

21. Historical Significance of Qurs and Habb dosage form in Unani Medicine with special emphasis on Qurs (Tablet). Journal of Research in Unani Medicine 2018;5 (1):59-69. (ISSN 2320-8015)
22. Comparative physicochemical evaluation of kharekhasak (Tribulusterrestrislinn.) before and after Mudabbar process. Phcog Res 2017; 9:384-9.[PubMed]  
[https://doi.org/10.4103/pr.pr\\_16\\_17](https://doi.org/10.4103/pr.pr_16_17).
23. Description of Amraz-E-Gosh (Ear Diseases) in Unani and Modern Perspective: A Review. Research and Reviews: A Journal of Unani, Siddha and Homeopathy. 2017; 4(1): 31–38.
24. Aqarqarha (Anacyclus pyrethrum DC.) a potent drug in Unani medicine: A review on its historical and phyto-pharmacological perspective. J Pharm Sciinnov. 2017;6(1): 22-28. DOI: 10.7897/2277-4572.06147.
25. Appraisal of Tipu Sultan's Contributions Toward Development of Unani Medicine: A Critical Analysis. Med J Islamic World Acad Sci. 2017; 25(2): 31-39.  
<https://doi.org/10.5505/ias.2017.93206>.
26. Shubb-e-yamani (alum) a unique drug and its utilization in Unani medicine: A physicochemical and pharmacological review. Int. J. Res. Ayurveda Pharm. 2017;8(2):17-22  
<http://dx.doi.org/10.7897/2277-4343.08255>.
27. Dahi ki Ifadiyat. Rex Tibbi Magazine Delhi. 2017;7(5):27-29.
28. Zanjabeel (ZingiberofficinaleRosc.): A Household Rhizome with Immense Therapeutic Potential and its Utilization in Unani Medicine. Int J Pharm Sci Res 2017; 8(8):3218-30. doi: 10.13040/IJPSR.0975-8232.8(8).3218-30.
29. Evolution of Cosmetics and Cosmeceuticals in Unani Medicine: A historical perspective. Journal of Research in Unani Medicine, 2016,5 (2):72-83. (ISSN 2320-8015)
30. Shaqqa: A Case Report. Tarjuman-e-Tib, NIUM, Bangalore; January 2016-june 2018: 1-5(1-2): PP.91-95. (ISSN 2454-4507).
31. Standard manufacturing procedure of QurseTabasheer- A herbo mineral Unani Antidiabetic formulation. Journal of Research in Unani Medicine Jan-June 2015: 1(4): 51-64 (ISSN 2320-8015)
32. Tipu Sultan kiTibbiSarparasti: Ek TahqiqiJayeza. Tarjuman-e-Tib, NIUM, Bangalore; July-December 2015: 2(2): PP.24-31. (ISSN 2454-4507).
33. Quwwat-e-MasikaKaZoaf. Tarjuman-e-Tib, NIUM, Bangalore; July-December 2015: 2(2): PP. 86-88. (ISSN 2454-4507)
34. Qarabadeen Maristani: Ek Tahqiqi Jayeza. Jahan-e-Tibb. CCRUM. New Delhi 2010;22(1):30-33. [ISSN 0974-1372]

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**Paper/Poster presented at International/National seminar**

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1. Paper entitled “Comparative Analysis of *Maa-ulAsal* and *Maa-ulUsool* in Management of Paralysis” presented in International Seminar on Neuro Rehabilitation and management of Paralysis in Unani Medicine, (NEUROSEM 2015), at Central Research Institute of Unani Medicine, organised by Dr. Ahmed Ashraf Memorial Unani Speciality Treatment Centre for Paralysis, Hyderabad, Telangana, held on 20-22 August 2015.

2. Paper entitled “Classical Dosage form in Unani Pharmacy” presented as a guest speaker in National Conference Cum Workshop of Unani Medicine on 24<sup>th</sup> November 2019. Organised by Unani Fraternity, Siwan, Bihar.
3. Paper entitled “Health promoting Kushta formulations in Unani Medicine” presented in Global Wellness Meet held on 26<sup>th</sup> -28<sup>th</sup> February 2016 held to commemorate the Golden Jubilee of the Karnataka Ayurveda and Unani Practitioners Board at Bengaluru.
4. Poster entitled “Pharmaceutico-Analytical Evaluation of Kushtae Shangarf Prepared with Jozbua and Phitkari” presented in International Conference on “Unani Medicine” held on 25<sup>th</sup> -27<sup>nd</sup> October 2016, National Institute of Unani Medicine, Bangalore.
5. Poster entitled “Concept and Principles of Ishal (purgation)” presented in National Seminar-cum-Workshop on Intervention of Ilaj-bit-Tadbeer in the management of pain and Disability held on 7<sup>th</sup> -8<sup>th</sup> March 2016, Department of Ilaj-bit-Tadbeer, Faculty of Unani Medicine, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh.
6. Poster entitled “Innovation in Unani Pharmacy: A historical perspective” presented in
7. Poster entitled “Modernization of Unani Pharmacy: Need and Importance” in National Seminar-cum- Workshop held on 14-15 November, 2015, Department of Saidla, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh.
8. Poster entitled “Intervention of Ilaj-bit-Tadbeer in the management of pain and Disability” in National Seminar-cum-Workshop held on 7<sup>th</sup> -8<sup>th</sup> March 2016, Department of Ilaj-bit-Tadbeer, Faculty of Unani Medicine, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh.
9. Poster presentation (1<sup>st</sup> prize) on “Health & Environment at World Health Day Celebration 2011” held on 7<sup>th</sup> April 2011, Department of Hifzane Sehat wa Samaji Tib, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh.

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#### **CME’s attended**

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1. Continuing Medical Continuing Medical Continuing Medical Education (CME) Programme for Teachers of Unani Medical College organized by Department of Saidla, State Unani Medical College & Hospital, Prayagraj, UP, held on 16<sup>th</sup>-21<sup>st</sup> May 2022. (1 week)
2. CME CUM Awareness Programme on Pharmacovigilance of ASU & H Drugs organized by Peripheral Pharmacovigilance centre (PPvC) Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh held on 8<sup>th</sup> December 2020.

3. CME program on “A Talk to Unani Doctors on Covid-19” Tibbi Maslis-6, series for revival of Unani Medicine, held on 21<sup>st</sup> June 2020, organised by Al-Hakeem Unani Medicare Centre, Mumbai
4. One day seminar “ASABINAR” organised by Association of Unani Physicians on the occasion of World Unani Day on 24<sup>th</sup> Feb 2019 in Patna.
5. Continuing Medical Continuing Medical (CME) Programme for Teachers organized by the Department of Saidla, Faculty of Unani Medicine, AMU, Aligarh w. e. f. 22 - 27 October 2018.(1 week)
6. Continuing Medical Continuing Medical Continuing Medical Education (CME) Programme for Teachers of Unani Medical College organized by Department of Saidla, National Institute of Unani Medicine, Bangalore held on 23<sup>rd</sup> -28<sup>th</sup> October 2017.(1 week)
7. CME on “Health Care Redefined” held 6<sup>th</sup>& 7<sup>th</sup> March 2015, Shifaa Health Foundation Trust, Bengaluru.
8. CME on “Family Medicine Common Ailments/Habits if You think Wellness is expensive ...Then Try Illness” held 6<sup>th</sup> March 2016, Shifaa Health Foundation Trust, Bengaluru.
9. CME on “ENT Update from Basics to the Latest” held 3<sup>rd</sup> January 2016, Shifaa Health Foundation Trust, Bengaluru.
10. CME on “All About Headache” held 7<sup>th</sup> February 2016, Shifaa Health Foundation Trust, Bengaluru.
11. CME on “Patient Safety and Waste Management” held on 24December 2009, Directorate of health Services Govt. Of NCT of Delhi.
12. One day CME on ‘Core concepts in Unani Medicine’ organised & Sponsored by- Unani Academy of Tamil Nadu held on Sunday the 5<sup>th</sup> June, 2016, at Noble Hospital, Chennai.

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**Workshop attended**

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1. Workshop on Research Methodology for Fundamental Principals in Unani Medicine held on 11<sup>th</sup> -12<sup>th</sup> June 2015, NIUM, Bengaluru.
2. Workshop on Recent Development in Unani Dawasazi held on 3<sup>rd</sup>& 4<sup>th</sup> March 2014, Department of Ilmul Saidla, NIUM, Bengaluru.

3. Workshop on Research Methodology in Unani Medicine held on 15<sup>th</sup>& 16<sup>th</sup> February 2014, NIUM, Bengaluru.
4. State-Level Workshop on Ilaj Bit Tadbeer, held on 13<sup>th</sup> April 2014, organised by Unani Academy of Tamil Nadu.
5. Workshop on “Matab wa NuskhaNavesi in Unani Medicine” held on 18<sup>th</sup> December 2013, Department of Moalajat, NIUM, Bengaluru.
6. Ophthalmology and Gynaecology Camp held on 4<sup>th</sup> and 17<sup>th</sup> February 2010, Medicos Establishment for Development of Integrated Care Society (MEDICS), Aligarh.
7. CME on “Patient Safety and Waste Management” held on 24December 2009, Directorate of health Services Govt. Of NCT of Delhi.
8. Eye and ENT Camp held on 6<sup>th</sup> December 2008, Medicos Establishment for Development of Integrated Care Society (MEDICS), Aligarh.
9. Eye and ENT Camp held on 6<sup>th</sup> December 2008, Medicos Establishment for Development of Integrated Care Society (MEDICS), Aligarh.
10. Essay writing (1<sup>st</sup> prize) held on 25<sup>th</sup> -27<sup>th</sup> February 2011 at Umang, Literary and Culture Society, Sir Syed Hall South, Aligarh Muslim University, Aligarh.
11. Essay writing competition held on 17<sup>th</sup> March 2011 at Salsabeel-2011, Department of Sunni Theology, Aligarh Muslim University, Aligarh.

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#### **Webinar attended**

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1. National webinar on “Modification and recent advancement in Unani dosage forms”, organised by Department of Ilmul Saidla, National Institute of Unani Medicine (NIUM), Bangalore on 29th June 2022.
2. National Webinar on “Understanding the Unani Concept of Diseases” organised by Dept. of Mahiyatul Amraz, NIUM held on 12<sup>th</sup>February 2021.
3. Webinar on “Scope of Integrated Research in Unani Medicine” on the occasion 5<sup>th</sup> Unani Days Celebration, organised by Dept. Of Unani, All India Institute of Medical Sciences (AIIMS) Raipur and NIUM, Bangalore held on 12 February 2021.
4. Delegate in CME at the virtual 3<sup>rd</sup> UDMA DAY organised by Unani Drug Manufacturer Association held on 11<sup>th</sup> October 2020.



5. Training on “An update on Covid-19 for AYUSH Doctors on preparedness, Response & Containment of Pandemic held on 11<sup>th</sup> June 2020. (Certificate ID. U18039812)
6. Webinar of Jamia Hamdard COVID-19 webinar series, on “Amraz -e- Niswan wa Qabalat (Gynae& obstetrics): How to manage in CORONA & COVID-19” held on 25<sup>th</sup> June, 2020 organized by School of Unani Medical Education & Research, Jamia Hamdard, New Delhi.
7. Webinar Prophylactic approach to COVID-19 through Unani Medicine Held on 17 june-2020 organised by REHBAR Ayurvedic & Unani Tibbi Medical College, Hospital & Research Centre.