CURRICULUM VITAE

Abdul Nasir

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Personal Information:

Father's Name	:	Abdul Rahim
Mother's Nam	e:	Shamima Khatoon
Date of Birth	:	07 th October 1982
Marital Status	:	Married
Nationality	:	Indian
Gender	:	Male
Language Prof	iciency	: English, Urdu, Hindi, Arabic & Persian.

Address:

RZ-2541A, Azad Apartment, Street No. 28, Tuglakabad Extension, New Delhi 110019.

EDUCATIONAL QUALIFICATION:

S. No	Qualification	Board /University	Year	Aggregate	%age	Div.
1	M D (Moalijat)	Aligarh Muslim University	2012	314/400	78.50%	First
2	Bachelor of Unani Medicine and Surgery (BUMS)	Jamia Hamdard New Delhi	2007	2765/4100	67.43%	First
3	XII th (Pre Tib)	Jamia Hamdard New Delhi	2003	712/900	79.11	First
4	X th (Fazil)	BSMEB, Patna	2001	619/800	77.37	First

TOPIC OF M.D. THESIS: "Clinical Study of Primary Hyperlipidaemia and the Role of Kalonji (*Nigella sativa*) and Saboos-e-Asapghol (*Plantago ovata*) in its Management".

<u>SPECIALIZATION:</u> MD (Moalejat)

Research area: Tonsillitis, Sinusitis, Epistaxis, Rhinitis, Tinnitus

Google Scholar:

Citation: 103, h-index-5, i10-index-3.

https://scholar.google.com/citations?hl=en&user=tVQ5rGgAAAAJ&view_op=list_works&sortby=pubdate

WORKING EXPERIENCES: 12 years 2 months 21 days

Teaching Experience:

- Assistant Professor, Department of Ain, Uzn, Anaf wa Halaq (Eye & ENT) BUMS final prof, School of Unani Medical Education and Research (SUMER), Jamia Hamdard, New Delhi. 22.5.2018 to till date.
- **Teaching** Eye & ENT subject to BUMS final prof at School of Unani Medical Education and Research (SUMER), Jamia Hamdard, New Delhi. **22.9.2017** to **21.05.2018** along with clinical duties in Majeedia Unani Hospital.
- Clinical Registrar, Majeedia Unani Hospital, School of Unani Medical Education and Research (SUMER), Jamia Hamdard, New Delhi. 22.01.2014 to 21.05.2018. (Nature of duties are clinical, ward teaching in indoor patient of Majeedia Unani Hospital at UG & PG level voluntarily).
- Lecturer, Department of Moalijat, Jamia Tibbiya Deoband, at UG and PG levels to BUMS and MD (Moalijat). Saharanpur (UP). **30.07.2013** to **21.01.2014**.

Other Clinical Experience:

• One year during internship, three years during MD (Moalijat) and 6 months during teaching in Department of Moalijat, Jamia Tibbiya Deoband and 7 years in Majeedia Unani Hospital, SUMER, Jamia Hamdard.

COMPUTER SKILL:

- Proficiency in MS WORD, EXCEL, POWER POINT etc.
- Excellence in Urdu typing on "In Page".
- Certificate in Computer Fundamentals & M.S Office from University Polytechnic, A.M.U Aligarh (Sponsored by: AICTE, Govt. of India).

AWARDS & HONOURS:

- 1. Research Excellence Award by Institute of Scholars, IIP in 2022.
- 2. Best Teaching Award by Kiteskraft Productions at EEA 2022 Conference.
- 3. First position award on book balancing conducted by Athletics Club, Jamia Hamdard in collaboration of Fit India on the occasion of National Sports Day held on 30th August 2024.
- 4. Third position award on lemon spoon conducted by Athletics Club, Jamia Hamdard in collaboration of Fit India on the occasion of National Sports Day held on 30th August 2024.

PATENT:

 "Coumarin-based histidine derivatives and the uses thereof", Shams Aghaz, Naziya Neshat, Abdul Nasir, Ozair Alam, GSN Koteswara Rao, Mohd Imran, Indian Patent, Application no. 202211055813, FD:-28.09.2022.

BOOKS/BOOK CHAPTERS PUBLISHED: 06

- 1. Aalat Uzn Anf wa Halaq by Dr. Abdul Nasir & Dr. Zehra Zaidi published byIdara Kitabulshifa Oct 2023. ISBN 978819423189.
- Moalijat-e-Amraz-e-Sha'ar (A Text Book on Management of Hair Disorders) by Dr. Abdul Nasir, published by by Idara Kitabulshifa, 2024; ISBN 978-93-8970-467-9
- 3. Futuristic Trends in Medical Sciences, Volume 3, Book 19, 2024, IIP Series, Editor for

Part 1, published by Iterative International Publishers, eISBN; 978-93-6252-225-2

- 4. Moalijat Amraz-e-Uzn (A Text book of Diseases of Ear) by Dr. Abdul Nasir, published by Gupta printers pvt. Ltd. in **2019**.
- 5. Usool-e-Tahqeeq (Research Methodology) by Dr. Abdul Nasir, published by Mahadev printers pvt. Ltd. in **2017**.
- Abdul Nasir, Waris Ali, M. Aftab Ahmad, A Review on Unani and Modern Aspects of Psoriasis (Da'u-us-Sadaf) Treatment, Chapter 13 in Recent Developments in Medicine and Medical Research Vol. 6, published by BP International, Page 95-107 (Print ISBN: 978-93-5547-164-2, eBook ISBN: 978-93-5547-005-8-2.
- Abdul Nasir, Determining the Role of Unani Medicine in Management of Tinnitus (Taneen) Chapter 2 in Issues and Developments in Medicine and Medical Research, Vol. 10, published by BP International, Page 8-14 (Print ISBN: 978-93-5547-507-7, eBook ISBN: 978-93-5547-512-1

<u>RESEARCH/REVIEW PAPERS PUBLISHED = 35</u>

- Abdul Nasir, Mohd. Yunus Siddiqui, Mohd. Mohsin, Efficacy of Saboos-e- Asapghol (*Plantago ovata*) and Kalonji (*Nigella sativa*) in the Management of Hypertriglyceridemia, *International Journal of Pharmamedix India*, ISSN 2320-1304, Jan 2014; 2(1): 660-68.
- Abdul Nasir, Mohd. Yunus Siddiqui, Mohd. Mohsin, Md Aftab Ahmad, Md. Nafis Iqbal, Hyperlipidaemia (*Fart-e-Tadassum fid-Dam*) in the light of Unani System of Medicine, *Internationale Pharmaceutica Sciencia*, ISSN 2231-5896, October-December 2013; Vol.3, Issue 4: 1-8.
- Abdul Nasir^{*} Mohd. Yunus Siddiqui, Mohd. Mohsin, Waris Ali, Concept and Management of Dengue Fever (*Humma Danaj*) in Unani and Modern Perspective, *Journal of Biological and Scientific Opinion*, ISSN 2321-6328, 2013; 1(4): 362-365.
- Abdul Nasir^{*} Mohd. Yunus Siddiqui, Mohd. Mohsin, Md Aftab Ahmad, Therapeutic uses of Aspaghol (*Plantago ovata* Forsk.) mentioned in Greeco- Arab Medicine and Modern Era- A Review, *Journal of Biological and Scientific Opinion*, ISSN 2321-6328, Jan-Feb 2014; 2(1): 110-111.
- Md. Nafis Iqbal, Anis A. Ansari, Khalid Zaman Khan, B.D. Khan Abdul Nasir, Management of Zaghtuddam Qawi Ibtedae (Essential Hypertension) through Unani System of Medicine, *Journal of Integrated Community Health*, ISSN 2319-9113, Jan-Dec 2014; Volume 03(1&2): 92-96.
- Waris Ali, Hamiduddin, Aftab Ahmad, Abdul Nasir, Tukhm-e-Kahu (*Lactuca sativa* Linn) Pharmacological and Phytochemical Profile, *Journal of Pharmaceutical and Scientific Innovation*, ISSN 2277-4572, 2016; 5(1): 1-4.
- 7. Abdul Nasir, Mohd. Yunus Siddiqui, Mohd. Mohsin, Therapeutic uses of Shoneez (*Nigella sativa* Linn.) mentioned in Unani System of Medicine-A Review, *International Journal of Pharmaceutical and Phytopharmacololgicl Research*, ISSN(online) 2249-

6084, **2014**; 4 (1): 47-49. [Indexed in Thomson Reuters (Emerging Sources Citation Index]

- Abdul Nasir^{*} Mohd. Yunus Siddiqui, Mohd. Mohsin, Clinical Study of Primary Hyperlipidaemia and the Role of Kalonji (*Nigella sativa*) and Saboos-e- Asapghol (*Plantago ovata*) in its Management. *Hamdard Medicus* Vol. 58, No. 1, (January-March), 2015.
- Abdul Nasir Mohd. Akhtar Siddiqui, Mohd. Aftab Ahmad, Gazala Fatma, Descriptions and management of eczema (*Nar-e-farsi*) in modern and Unani medicine, *International Journal of Advances In Pharmacy Medicine and Bioallied Sciences*, ISSN 2348-2109, 2016; 4(1): 29-33.
- Waris Ali, Hamiduddin, Aftab Ahmad, Abdul Nasir, Gulnar (*Punica granatum* Linn.): A Plant origin drug of Unani Medicine, *Journal of Biological and Scientific Opinion*, ISSN 2321-6328, 2016; 4(2): 67-70.
- 11. Abdul Nasir^{*}, Gazala Fatma, Waris Ali, Mohd. Aftab Ahmad, Role of *Ilaj-bil-tadbeer* (regimental therapy) as non-medical therapy in unani system of medici *Journal of Pharmaceutical and Medical Research*, ISSN 2394-3211, Impact Factor 4.161; **2018**, 5(2), 213-218.
- Abdul Nasir^{*}, Gazala Fatma, Mohd. Akhtar Siddiqui, Mohd. Aftab Ahmad, 'Applications of Massage (*Dalak*) in Unani System of Medicine' World Journal of Pharmaceutical Research, ISSN 2277-7105, Volume 7, Issue 4; 480-494. Impact Factor 8.074.
- Abdul Nasir^{*}, Gazala Fatma, Mohd. Akhtar Siddiqui, 'Concept And Management of Scabies (*Jarb*) in Unani System of Medicine' World Journal of Pharmaceutical Research, ISSN 2277-7105, Volume 7, Issue 7; 550-559. Impact Factor 8.074.

- Minhaj Ahmad, Abdul Nasir^{*} 'Management of Venous Leg Ulcer through Unani Medicine along with Leech Therapy- A Case Study' World Journal of Pharmaceutical Research, ISSN 2277-7105. Volume 7, Issue 14; 836-844. Impact Factor 8.074.
- Prof. Suhail Fatima, Prof. Mohammad Akhtar Siddiqui, Dr Nasir Ali Khan, Dr Abdul Nasir, 'Management of Alcoholic Hepatitis Through Unani Medicine-A Case Study' International Journal of Current Research, ISSN 0975-833X, Vol. 10, Issue 10, October 2018, pp74228-74230
- 16. Gazala Fatma, Abdul Nasir, M. Junaid Siddiqui, Paras Wani, A Holistic Approach of Unani Medicine in Prevention and Management of Diabetes (Ziabetes), *European Journal of Pharmaceutical and Medical Research*, ISSN 2394-3211, Impact Factor 4.161; 2019,6(1), 212-215
- 17. Gazala Fatma, Abdul Nasir, M. J. Siddiqui and Paras Wani, Role of Riyazat (Physical Exercise) in Maintenance of Health Mentioned in Unani Medicine, World Journal of Pharmaceutical Research, Volume 9, Issue 5; 479-488.
- Minhaj Ahmad1, Zehra Zaidi, Abdul Nasir, Non-Healing Ulcer, managed through Unani Formulation along with Leech Therapy: A Case Study, Journal of Drug Delivery & Therapeutics. 2019; 9(6-s):211-215.
- 19. Abdul Nasir, Zehra Zaidi and Gazala Fatma, Concept and Management of Otorrhoea

(Sailan-Ul-Uzn) in Unani Medicine, *European Journal of Biomedical and Pharmaceutical Sciences*, **2020**; Volume7, Issue 5; 271-273.

- Abdul Nasir, Gazala Fatma, Concept And Management of Insomnia (Sahar) In Unani Medicine, World Journal of Pharmacy and Pharmaceutical Sciences, 2020; Volume 9, Issue 6; 358-366.
- 21. Abdul Nasir, Gazala Fatma, Naziya Neshat and M Aftab Ahmad, Pharmacological and therapeutic attributes of garlic (Allium sativum Linn.) with special reference to Unani medicine-A review, *Journal of Medicinal Plants Studies*, **2020**; Volume 8, Issue 3; 6-9.
- 22. Abdul Nasir, Gazala Fatma and Naziya Neshat, Immunostimulant Drugs in Unani Medicine, World Journal of Pharmaceutical Research, **2020**; Volume 9, Issue 6; 976-984.
- 23. Dr. Abdul Nasir, Gazala Fatma, Naziya Neshat and Mohd Aftab Ahmad, Ustukhuddoos (Lavandula Stoechas Linn)-an Importment Drug in Unani Medicine, *European Journal of Pharmaceutical and Medical Research*, 2020; 7(6), 412-416.
- Abdul Nasir, Gazala Fatma, Waris Ali, M. Aftab Ahmad, Unani and modern aspects of psoriasis (Da'u-us-Sadaf) treatment: a review, International Journal of Research in Dermatology, 2020 Jul;6(4):589-596.
- 25. Abdul Nasir and Gazala Fatma, Role of Unani Medicine in the Management of Tinnitus (Taneen), Alternative and Integrative Medicine, Volume 9:3, 2020; 1-4. [Indexed in Publons]

- 26. Gazala Fatma, M. J. Siddiqui, Paras Wani, Anwar Habib, Sadia Nikhat and Abdul Nasir, A Study to Assess Effect of Ma-Ul-Sha'eer (Barley Water) in Intermediate Hyperglycemic (Pre-Diabetic) Subjects attending Hospitals in Delhi, International Journal of Pharmaceutical Sciences and Research (IJPSR), 2021; Vol. 12(4): 2331-2343. [Indexed in EMBASE- Elsevier's]
- 27. Minhaj Ahmad1, Abdul Nasir, Management of Non-Healing Ulcer by the Use of Crushed Raw Papaya along with Leeching: A Case Study, Journal of Drug Delivery & Therapeutics. 2021; 11(5):1-4
- Abdul Nasir, Minhaj Ahmad, Zehra Zaidi, SM Arif Zaidi, Concept and Management of Meniere's Disease in Unani Medicine-A Review, Journal of Drug Delivery & Therapeutics. 2021; 11(5):174-177.
- 29. Shehla Nazir, Zehra Zaidi, **Abdul Nasir**, Minhaj Ahmad, Role of diet in old age, Annals of Geriatric Education and Medical Sciences, **2021**;8(2): 42–45.
- 30. Gazala Fatma, Abdul Nasir, Concept and therapeutic approach of Intermediate

Hyperglycemia with special reference to unani medicine, Journal of Pharmaceutical Research International ; JPRI, 34(29A): 1-9, 2022. [Indexed in Web of Science].

- 31. Waris Ali, Nizamul Haque, Abdul Nasir, "Comparative Physiochemical Evaluation of Qurse Tabasheer-In House Preparation and Market Sample", International Journal of Pharmaceutical Sciences Review and Research, Vol 77 (2); 2022: Pp 88-93.
- 32. Zehra Zaidi, Shehla Nazir, Uzma Bano, **Abdul Nasir**, Farkhunda Jabeen, "Suranjan-A potent antiarthritic drug of Unani Medicine for geriatric population", Annals of Geriatric Education and Medical Sciences, 2022;9(2):40-43.
- 33. Zehra, Khatoon Zaidi, Shafia Mushtaq Allaqaband, Shah Alam, Abdul Nasir "A Pilot Study to Evaluate the Efficacy of Local Application of Unani Compound Formulation in Geriatric Knee Joint OA Patients, Annals of Geriatric Education and Medical Sciences.January 2024; 11(1):15-18. https://doi.org/10.18231/j.agems.2024.004
- 34. Naziya Neshat, Shams Aaghaz, Abdul Nasir, Ozair Alam, GSNKoteswara Rao, Mohd. I mran, Subham Das, Alex Joseph, Mymoona Akhter "Coumarin-based C-2 cycloalkylated histidine derivatives: Design, synthesis, biological evaluation, molecular docking and MD simulation studies as potential antimicrobial agents" Journal of Molecular Structure, Volume 1295, Part 2, 5, (2024), impact factor: 4.8, <u>https://doi.org/</u> 10.1016/ j.molstruc.2023.136648.
- 35. Zehra Zaidi, Abdul Nasir, "A Single-Blind, Placebo-Controlled Clinical Trial Of Local Application Of Kohl-Chikni Dawa-A Unani Compound Formulation In The Patients Of Premature Senile Cataract" AJPCR, Vol 17, Issue 12, Pp 128-133; 2024, eISSN:2455-3891 Print ISSN: 0974-2441-

Popular Articles

- 1. Abdul Nasir, Shahad aur uski ifadiyat, *Unani Pulse-An Annual Health Magazine*, JDA, Ajmal Khan Tibbiya College, AMU, Aligarh **2011**; Vol. 1 (1): 5-7.
- 2. A.Rauf, H.Rehman and **Abdul Nasir**, Keimiyagiri wa dawa sazi mein Arab Atibba ki ikhtira'at, *Tahzibul Akhlaq*, AMU, Aligarh, May **2006**; Vol. 25 (5): 49-54.

PAPERS PRESENTED/ LECTURE DELVERED IN SEMINAR/CONFERENCES SYMPOSIUM: 24

- Abdul Nasir, M.Y. Siddiqui, Mohd. Mohsin, "Therapeutic Evaluation of Qurs Alkali and Sufoof-e-Tabkheer in non Ulcer Dyspepsia" International Conference of Integrative Medicine & 1st SAARC Conference (UNICON 2010) on Unani Medicine organized by Faculty of Unani Medicine, AMU, Aligarh, on10 April 2010.
- 2. Abdul Nasir, M.Y. Siddiqui, Mohd. Mohsin, "Therapeutic Evaluation of Naqua-e -

Shahatrah and Sharbat Musaffee in Urticaria", International Conclave on Unani Medicine Strength & Strategies of Globalization, PG Dept. of Kulliyat, F/o Unani Medicine, AMU, Aligarh, 25th-26th March **2011**.

- Abdul Nasir, M.Y. Siddiqui, Mohd. Mohsin, "Therapeutic Evaluation of Habb-e-Tinkar, Safoof-e-Muhazzil & Arq-e-Zeera in Obesity (Saman-e-Mufrat)", National Seminar on Innovative Trends in Unani Medicine' organized by CCRIUM, Deptt. of AYUSH at Aligarh, 3rd-4th March 2012.
- Abdul Nasir, poster presentation in National Seminar on Current Trends in Secondary Plant Metabolite Research organized by Department of Biotechnology, Faculty of Science, Jamia Hamdard on 19th-20th March 2012.
- Abdul Nasir, M.Y. Siddiqui, Mohd. Mohsin, "Management of Depression in Unani Perspective", National Symposium on Emerging Trends in Biological Sciences: Special Emphasis on Neurosciences (ETBS 2012), organized by Interdisciplinary Brain research centre (IBRC), Faculty of Medicine, AMU, Aligarh, on 24th-25th September 2012.
- Abdul Nasir, M.Y. Siddiqui, Mohd. Mohsin, "Hakim Abdul Hameed aur Farogh Tibb", National conference on Hakim Abdul Hameed: Hayat wa Khidmat organized by Department of Kulliyat, Faculty of Unani Medicine, AMU, Aligarh, on 28th September 2012.
- Abdul Nasir, M.Y. Siddiqui, Mohd. Akhtar Siddiqui, "Therapeutic Indications & Contraindications of *Hijamat-bil-Shurt* (Wet Cupping) by Unani Physicians in Non-Communicable Diseases, Mcon 17, National Conference on Moalejat, "Relevance of Unani Medicine in Non-Communicable Diseases" organized by Department of Moalejat, AKTC, Faculty of Unani Medicine, AMU, Aligarh, 21st -22nd March 2017.
- Abdul Nasir, M. Akhtar Siddiqui, M.Y. Siddiqui, "Management of Psoriasis (*Daus-Sadaf*) in Unani System of Medicine", JHUMED CON 2017, One Day National Conference, Theme: A Multidisciplinary Approach to Disease in Present Health Scenario, organized by School of Unani Medicine, Jamia Hamdard, New Delhi, 23rd March 2017.

- 9. Abdul Nasir, M. A Siddiqui, M. Aftab Ahmad, Gazala Fatma, Concept & Management of Hepatitis B (*Warm-E-Kabid Virusi-B*) in Unani Medicine, "One day National Conference on Pharmaceutical Regulatory Landscape: Its Key Role and Functions" organized by Department of Pharmaceutics, School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi, 13th February 2018.
- 10. Abdul Nasir, M. A Siddiqui, M. Aftab Ahmad, Gazala Fatma, 'Approaches for The Treatment of Alzheimer's Disease in Unani System of Medicine' National Seminar on Unani day celebration: A dialogue between Researcher and academia of Unani Institutes in India, organized by SUMER, Jamia Hamdard, New Delhi-62, on 6th March 2018.
- 11. Abdul Nasir, Muslim Education and Religious Challenges, One Day International Conference on Education and Religious Upbringing organized by Al-Mustafa International University, Iran (India branch), Department of Islamic Studies, Jamia Hamdard, New Delhi, on 19th Feb 2019.
- 12. Abdul Nasir, "Management of Pharyngitis or Sore Throat through Unani Medicine" in National Seminar on "A journey through: An update on evidence based medical practices in unani Medicine" at Convention Centre, Jamia Hamdard. April 22nd-23rd 2019.

- 13. Abdul Nasir, Management of Tonsillitis through Unani Medicine-A case study in National Conference on Evidence based Unani Medicine; Theme: Challenges in the Management of Amraz-e-Muzmina (Chronic Disease), organized by Department of Moalejat, AKTC, Faculty of Unani Medicine, AMU, Aligarh, 5th & 6th November 2019.
- 14. Presented virtual oral presentation entitled "Role of Unani Medicine in oral cancer" in 3rd Indo Oncology Summit organized by International Association of Oncology (IAO) held on 24th, 25th & 26th September 2021.
- 15. Delivered a Lecture on "Facilities in Majeedia Unani Hospital" in 15 days "Transitional Curriculum Program (7-26 Oct 202)1 Online Mode for BUMS Ist Prof Session 2020-21. Organized by School of Unani Medical Education & Research, (SUMER), at Jamia Hamdard, New Delhi on 11.10.2021.
- 16. Delivered a Lecture on "Journey of ENT through Unani Medicine" in 15 days "Transitional Curriculum Program (7-26 Oct 202)1 Online Mode for BUMS Ist Prof Session 2020-21. Organized by School of Unani Medical Education & Research, (SUMER), at Jamia Hamdard, New Delhi on 14.10.2021.
- 17. Delivered a Lecture on "Concept of Vision in Unani" in 15 days "Transitional Curriculum Program (7-26 Oct 202)1 Online Mode for BUMS Ist Prof Session 2020-21. Organized by School of Unani Medical Education & Research, (SUMER), at Jamia Hamdard, New Delhi on 20.10.2021.
- 18. Presented paper entitled "Concept and Therapeutic Approach of Intermediate Hyperglycemia with Special Reference to Unani Medicine" in International Conference on Role of Unani Herbal Drugs in Present Day Scenario and Lifestyle Disorders, organized by Department of Tahaffuzi wa Samaji Tibb in collaboration with National Environmental Science Academy at Convention Centre, Jamia Hamdard on 29th -30th March **2022**.

- Delivered a lecture on "Role of Campus infrastructure in higher institute" in 15 Days "Transitional Curriculum 9-29 Nov 2022" for 1st Psrofessional BUMS- An Initiative of NCISM, Govt. of India at SUMER, Jamia Hamdard on 10.11.2022.
- 20. Delivered a lecture on "Importance of Hospital in Medical teaching Institution" in 15 Days "Transitional Curriculum 9-29 Nov 2022" for 1st Professional BUMS- An Initiative of NCISM, Govt. of India at SUMER, Jamia Hamdard on 18.11.2022
- Delivered a lecture on "Development of creative activities among students" in 15 Days "Transitional Curriculum 9-29 Nov 2022" for 1st Professional BUMS- An Initiative of NCISM, Govt. of India on 28.11.2022.
- Delivered a lecture on "Basic concept of ENT with special reference to Unani Medicine" in 15 Days "Transitional Curriculum 3-24 march 2023) for 1st Professional BUMS- An Initiative of NCISM, Govt. of India on 05.03.2023.
- 23. Delivered a lecture on "Oral Hygiene in the light of Unani Medicine" in 15 Days "Transitional Curriculum 3-24 march 2023) for 1st Professional BUMS- An Initiative of NCISM, Govt. of India on 05.03.2023.

 Delivered a lecture on "Importance of Unani Medicine in Throat Disorders" in 15 Days "Transitional Curriculum" (3-24 march 2023) for 1st Professional BUMS- An Initiative of NCISM, Govt. of India on 15.03.2023.

ABSTRACT PUBLISHED: 21

- Abdul Nasir, M.Y. Siddiqui, Mohd. Mohsin, "Therapeutic Evaluation of Qurse Alkali And Safoof-e-Tabkheer in Non Ulcer Dyspepsia", Unicon 2010, International conference of Integrative Medicine & 1st SAARC Conference on Unani Medicine, organized by Faculty of Unani Medicine, AMU, Aligarh (U.P), on 2nd-4th February 2011.
- Abdul Nasir, M.Y. Siddiqui, Mohd. Mohsin, "Therapeutic Evaluation of Asapghol Musallam (Plantago ovata) and Luab-e-Behdana (Cydonia oblonga) in Irritale Bowel Syndrome (IBS)", National Seminar on Emerging Trends in the Development of Unani System of Medicine organized by State Takmeel-ut-Tib College & Hospital, Lucknow, on 12th & 13th 2011.
- Abdul Nasir, M.Y. Siddiqui, Mohd. Mohsin, "Management of Depression in Unani Perspective", National Symposium on Emerging Trends in Biological Sciences: Special Emphasis on Neurosciences (ETBS 2012), organized by Interdisciplinary Brain research centre (IBRC), Faculty of Medicine, AMU, Aligarh, on 24th-25th September 2012.
- 4. Abdul Nasir, M.Y. Siddiqui, Mohd. Akhtar Siddiqui, "Therapeutic Indications & Contraindications of *Hijamat-bil-Shurt* (Wet Cupping) by Unani Physicians in Non-Communicable Diseases, Mcon 17, National Conference on Moalejat, "Relevance of Unani Medicine in Non-Communicable Diseases" organized by Department of Moalejat, AKTC, Faculty of Unani Medicine, AMU, Aligarh, March 2017.

- Abdul Nasir, M. Akhtar Siddiqui, M.Y. Siddiqui, "Management of Psoriasis (*Daus-Sadaf*) in Unani System of Medicine", JHUMED CON 2017, One Day National Conference, Theme: A Multidisciplinary Approach to Disease in Present Health Scenario, organized by School of Unani Medicine, Jamia Hamdard, New Delhi, March 2017.
- 6. Abdul Nasir, M. Akhtar Siddiqui, Mohd Aftab Ahmad, "Role of Unani Medicine in the Management of Insomnia" 3rd One Day National Seminar on Current Regulations on Herbal Drugs and Food Supplements, organized by Department of Pharmacognosy and Phytochemistry, School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi on 16th May 2017.
- 7. Naziya Neshat, **Abdul Nasir**, Gazala Fatma, Azhar Hasan, Phytochemistry and pharmacological properties of *Punica granatum* Linn. A review' O-OTM6, International conference on challenges for global competitiveness of AYUSH and natural products and IASTAM oration and award function-Feb 2018, organized by DIPSRU, New Delhi.
- Mohammad Akhtar Siddiqui, Abdul Nasir, 'Role of Unani formulation in the management of Chronic Hepatitis B' Unani Day celebration & International Conference on Unani Medicine, Integration of Unani System of Medicine in Mainstream Healthcare, organized by CCRUM, New Delhi. on 10th-11th February 2018.
- 9. Abdul Nasir, M. A Siddiqui, M. Aftab Ahmad, Gazala Fatma, Concept & Management Of Hepatitis B (*Warm-E-Kabid Virusi-B*) in Unani Medicine, "One day National

Conference on Pharmaceutical Regulatory Landscape: Its Key Role and Functions" organized by Department of Pharmaceutics, School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi, 13th February **2018**.

- 10. Gazala Fatma, M. J. Siddiqui, Paras Wani, Sadia Nikhat, Abdul Nasir, Possible Preventive Measures of Prediabetes through Life Style Modification, "One day National Conference on Pharmaceutical Regulatory Landscape: Its Key Role and Functions" organized by Department of Pharmaceutics, School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi, 13th February 2018.
- 11. Naziya Neshat, Abdul Nasir, Gazala Fatma, Pharmacological, Phytochemical profile and uses of *Lactuca sativa* Linn. A review"One day National Conference on Pharmaceutical Regulatory Landscape: Its Key Role and Functions" organized by Department of Pharmaceutics, School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi, 13th February **2018**.
- 12. Abdul Nasir, M. A Siddiqui, M. Aftab Ahmad, Gazala Fatma, 'Approaches for The Treatment of Alzheimer's Disease in Unani System of Medicine' National Seminar on Unani day celebration: A dialogue between Researcher and academia of Unani Institutes in India, organized by SUMER, Jamia Hamdard, New Delhi-62, on 6th March **2018**.
- 13. Gazala Fatma, M. J. Siddiqui, Paras Wani, Abdul Nasir, 'Preventive and Therapeutic Aspect of Food (Ghiza) in Unani System of Medicine' National Seminar on Unani day celebration: A dialogue between Researcher and academia of Unani Institutes in India, organized by SUMER, Jamia Hamdard, New Delhi-62, on 6th March 2018.
- 14. Naziya Neshat, Abdul Nasir, Gazala Fatma, Debo Priya Dutta, 'Present Status of *Commiphora Wightii* In India: An Overview' National Seminar on Unani day celebration: A dialogue between Researcher and academia of Unani Institutes in India, organized by SUMER, Jamia Hamdard, New Delhi-62, on 6th March 2018.

- 15. Abdul Nasir, Zehra Zaidi, S.M. Arif Zaidi, M. Ahmad, 'Management of Pharyngitis or Sore Throat through Unani Medicine, National Seminar on "A Journey through: An update on evidence based medical practices in Unani Medicine" organized by SUMER, Jamia Hamdard, New Delhi-62, on 22nd-23rd April 2019.
- 16. Gazala Fatma, M. J. Siddiqui, Paras Wani, Abdul Nasir, "Concept and Pattern of Disease in Unani System of Medicine" National Seminar on "A Journey through: An update on evidence based medical practices in Unani Medicine" organized by SUMER, Jamia Hamdard, New Delhi-62, on 22nd-23rd April 2019.
- 17. Naziya Neshat, Mymoona Akhtar, Abdul Nasir, Gazala Fatma, "Pharmacological Properties of *Morus nigra* Linn. (Black Mulberry)-A review" National Seminar on "A Journey through: An update on evidence based medical practices in Unani Medicine" organized by SUMER, Jamia Hamdard, New Delhi-62, on 22nd-23rd April 2019.
- Abdul Nasir, Zehra Zaidi, S.M. Arif Zaidi, M. Ahmad, 'Management of Tonsillitis through Unani Medicine-A Case Study, National Conference on Evidence based Unani Medicine, 5th-6th November 2019.
- Gazala Fatma, M. J. Siddiqui, Paras Wani, Abdul Nasir, "Benefits of Barley water (Maul-Sha'eer) in Unani Medicine" National Conference on Recent Advances in Biological Sciences, NCRABS-2020" on 05 march 2020.
- 20. Abdul Nasir, M A Siddiqui, M Aftab Ahmad, Gazala Fatma "Treatment of Alzheimer's

disease in Unani System of Medicine" National Conference on Recent Advances in Biological Sciences, NCRABS-2020" on 05 march **2020**.

21. Naziya Neshat, Gazala Fatma, Abdul Nasir, Debo Priya Dutta "Treatment of Alzheimer's disease in Unani System of Medicine" National Conference on Recent Advances in Biological Sciences, NCRABS-2020" on 05 march 2020.

<u>CONTINUING MEDICAL EDUCATION PROGRAMME (CME)/</u> <u>FACULTY</u> <u>DEVELOPMENT PROGRAM (FDP)</u> <u>ATTENDED:</u> 23

- 1. CME Programme 'Health for All' organized by Shifaa Institute of Post Graduate Medical Sciences, No.332, Dar-us-salam, Queen's Road, Banglore-52, on 28th February **2010**.
- Continuing Medical Education Programme, conducted by Max Health Care, New Delhi in collaboration with 'REGIMA' Health Care Centre, Aligarh & Faculty of Unani Medicine, AMU, Aligarh, on 23rd September 2012.
- Continuing Medical Education Programme for Doctors, organized by P.G. Department of Moalijat, Jamia Tibbiya Deoband, sponsored by Deptt. of ayush, Ministry of Health & Family Welfare, Govt. of India, on 12th-14th December 2014.
- 4. CME in Dermatopathology-2015, organized by Department of Pathology, HIMSR, Jamia Hamdard, New Delhi-110062, on 7th April **2015**.
- 5. CME, "Elimination of Hepatitis: A Global perspective" organized by Department of Microbiology and community Medicine, Hamdard Institute of Medical Sciences and Research, Jamia Hamdard, New Delhi-110062, on 17th December **2016**.
- CME on "Unani Treatment" organized by Majeedia Unani Hospital and Alumni Association, School of Unani Medicine, Jamia Hamdard, New Delhi as participant on 27th March 2017.

- 7. CME on "Elaj-Bit-Tadbir-"Historical, Islamic & Scientific Perspective on Hijamah" at India Islamic Cultural Centre, Lodhi Road, New Delhi organized by Scientific Society of Hijamah India & India Islamic Cultural as participant. on February **2018**.
- CME on "Uniting to create leaders to end Tuberculosis" Treatment" organized by Department of Microbiology, HIMSR & HAHC Hospital and School of Unani Medical Education & Research at Convention Centre, Jamia Hamdard, New Delhi as participant on 27th March 2018.
- 9. Participated as a Delegate in the CME cum Workshop on "Overview of Cervical Lesions and Management Guidelines" jointly organized by the Department of Obstetrics and Gynecology, Hamdard Institute of Medical Sciences and Research (HIMSR) and School of Unani Medical Education & Research at Convention Centre, Jamia Hamdard, New Delhi as participant on 10th April **2018**.
- 10.CME on Immunization Updates, organized by Hamdard Institute of Medical Sciences and Research (HIMSR), Jamia Hamdard, New Delhi as participant on 15th May **2018**.
- 11.CME on "Geriatric Anaesthesia-A Contemporary Approach", organized by Department of Anaesthesiology & Critical Care in Association with Department of Surgery, Hamdard Institute of Medical Sciences and Research (HIMSR), Jamia Hamdard, New Delhi as participant on 22nd October 2018.
- 12.Six Days Continuing Medical Education (CME) Programme for Teachers of the

Department of Amraze Ain, Uzn, Anf wa Halaq (ENT & Ophthalmology) organized by Department of Amraze Ain, Uzn, Anf wa Halaq, HSZH Govt. Unani Medical College Bhopal (MP), Sponsored by Ministry of AYUSH, Government of India from 28th January to 2nd February **2019**.

- 13.CME cum Workshop on "Methods of Cervical Cancer Screening" & Cervical Cancer Screening through Pap Smear" organized by the Department of Amraz-e-Niswan wa Qabalat and Mahitul Amraz School of Unani Medical Education & Research at Jamia Hamdard, New Delhi as participant on 26th March 2019.
- 14. Participated in online training on 'An update on COVID-19for AYUSH Doctors' on preparedness, response & containment of pandemic held on 28th May **2020**.
- 15. Participated in an online faculty development programme on "How to write and publish paper in Springer and Elsevier Journals" organized by Indian Academician and Researcher Association in association with Jharkhand Rai University on 1st June **2020**.
- 16. Attended online training on Orientation of Alumni, Jamia Hamdard on COVID19 organised by on UNICEF and Department of Tahaffuzi Wa Samai Tibb, Jamia Hamdard on June 16, **2020**.
- Attended Online Professional Development Course entitled: KEEPING THINGS IN PLACE: MECHANISMS FOR VALUES LEARNING IN HOME BASED EDUCATION organized by REAP on 1st July 2020.
- 18. Participated in three days Faculty Development Program (FDP) on "Recent Trends in Technology and Teaching Learning Methodology" in association of with Indian Society for Technical Education organised by Department of CSEIT, SAGE University. From 9th-11th July 2020.
- 19. Participated in the One Week National Level Faculty Development Program (FDP) on Research Manuscript Drafting and Publication in Reputed Journals organized by IQAC held online at Shri Vaishnav Institute of Management, Indore on 24th-29th June **2021**.

- 20. Participated in Five Days Online Faculty Development Program (FDP) on "Capacity Building Program on Teaching Learning and Research" organized by Guru Gobind Singh College of Pharmacy, Yamuna Nagar & ASBASJSM, College of Pharmacy Bela, Ropar, Punjab held from 9th-13th August 2021.
- 21. Participated in the Continuing Medical Education (CME) on "Unani Medicine" organized by UDMA at NRIUM on Skin Disorders, Hydrabad on 21st July **2022**.
- 22. Participated in One Week Faculty Development Program (FDP) on Adaptation and Execution of National Education Policy 2020-for Effective Teaching and Learning Techniques, at SUMER, Jamia Hamdard, New Delhi from 14th to 20th December 2022.
- 23. Participated in Three Days Virtual Faculty Development Program (FDP) on "Emerging Technologies for Education and Research" organized by the department of CSE, ECE & EEE, Sree Sakthi Engineering College, Coimbatore from 30.01.2023 to 01.02.2023.

MEDICAL CAMP/HEALTH AWARENESS PROGRAMME ATTENDED: 15

- 1. Attended Run for Tiranga by Flag Foundation of India at Jawaharlal Nehru Stadium New Delhi in 24 Jan **2004**.
- 2. Attended HIV/AIDS Awareness Run at Jawaharlal Nehru Stadium, New Delhi by UNAIDS, UNFPA & UNICEF in 29 Feb **2004**.

- 3. Attended Run against Drug Abuse organised by Deptt. of Social Welfare, Govt. of NCT of Delhi in collaboration with Health Fitness Trust & Delhi NGO Forum at India Gate, New Delhi in 26 June **2004**.
- 4. Attended 'Health Awareness Run' at JawahaaAXrlal Nehru Stadium, New Delhi by WHO & UNICEF in 11 April **2005**.
- 5. Participated in DELHI CHARITY RUN organized by CURE India Jawaharlal Nehru Stadium, New Delhi on 2nd October **2013**.
- 6. Participated in the 9th Champions Run for greater awareness on Health Fitness & Sports, at Nehru Stadium, New Delhi on 16 September **2018**.
- Worked as a Consultant in Health Camp in Tughlakabad Ext, New Delhi, organized by Majeedia Unani Hospital, associated with School of Unani Medicine, Jamia Hamdard, New Delhi 110062 on 20th March 2017.
- Worked as a Consultant in Health Camp in Taalimabad, Sangam Vihar, New Delhi, organized by Majeedia Unani Hospital, associated with D/o Jarahiyat/ Amraze Uzn Anf wa Halaq, School of Unani Medicine, Jamia Hamdard, New Delhi 110062 on 30th November 2017.
- 9. Worked as a Consultant in Health Camp in Jaitpur Extension Part-II, Badarpur, New Delhi, organized by Majeedia Unani Hospital, associated with D/o Jarahiyat/ Amraze Uzn Anf wa Halaq,School of Unani Medicine, Jamia Hamdard, New Delhi 110062, on 28th February 2018.
- 10. Worked as a Consultant in Health Camp in Taalimabad, Sangam Vihar, New Delhi, organized by Majeedia Unani Hospital, associated with D/o Jarahiyat/ Amraze Uzn Anf wa Halaq, School of Unani Medicine, Jamia Hamdard, New Delhi 110062 on 8th March 2018.

- Worked as a Consultant in Free Health Camp organized by D/o TST & Majeedia Unani Hospital, associated with School of Unani Medical Education & Research, Jamia Hamdard, New Delhi 110062 on 27th March 2018.
- 12. Worked as a Consultant in Free Health Camp organized by Majeedia Unani Hospital, associated with D/o Jarahiyat/ Amraze Uzn Anf wa Halaq,School of Unani Medical Education & Research, Jamia Hamdard, New Delhi at street no. 35, Tughlakabad Extension on 15th November 2018.
- 13. Worked as a Consultant in Free Health Camp organized by School of Unani Medical Education & Research, Majeedia Unani Hospital, associated with, Jamia Hamdard, New Delhi 110062 on 16th December 2018.
- Worked as a Consultant in Free Medical Health Camp, organized by Department of Ain Uzn Anaf wa Halaq at Husani Hall, Babul Ilm Lane, Noor Nagar, New Delhi on 20 May 2023.
- 15. Worked as a Consultant in Free Medical Health Camp, organized by Department of Ain Uzn Anaf wa Halaq at Govt. School, Noor Nagar Extension, Jamia Nagar, Okhla 110025 on 22 June 2023.

<u>SEMINAR/CONFERENCES/ SYMPOSIUM & WORKSHOP WEBINAR/ONLINE LECTURE</u> <u>ATTENDED:</u> 137

- Attended U.P Orthopedic Association Mid-Term Symposium On 'Osteoporotic Fractures' at JNMC, A.M.U, Aligarh on 18th September 2011.
- 2. Attended Workshop & Symposium on 'Emerging Trends In Dengue And Other Hemorrhagic Fevers In India' at JNMC, A.M.U, Aligarh on 8th October **2011**.
- 3. Attended Symposium On Research And Publication, JNMC, AMU, Aligarh on 13th November **2011**.
- 4. National conference on surgery JCON organized by department of surgery AKTC, AMU, Aligarh on 21st-22nd January **2012**.
- Attended National Workshop on "PG Education in Tashreehul Badan-A need of the hour" organized by Department of Tashreehul Badan, AKTC, AMU, Aligarh on 25th September 2012.
- 6. Attended 'National Symposium cum Workshop on 'Matab wa Nuskha Navisi' organized by Department of Moalejat, at AKTC, AMU, Aligarh on 27th September **2012**.
- Attended National Workshop on "Mental Well Being-An Imperative Dimension of Health" organized by Department of Tahaffuzi wa Samaji Tib,, AKTC, AMU, Aligarh 10th October 2012.
- Attended "Two Days National Workshop on Formulating Roadmap for Post Graduate Education in Munafeul Aza" organized by Department of Tashreeh wa Munafeul Aza, AKTC, AMU, Aligarh 20th-21st October 2012.
- Participated in 'UGC-SAP Sponsored Second National Seminar on 'Regulatory and Quality Aspects of Herbal Drugs and Botanicals" organized by department of Pharmacognosy and Phytochemistry, at SPER, New Delhi New Delhi, on 1st February 2014.

- Participated in 'National Seminar on 'The Role of Unani Medicine in Non-communicable Diseases, at India Islamic Centre, New Delhi, organized by CCRIUM, Ministry of AYUSH, Government of India, 14th-15th January 2015.
- 11. Participated in Hamdard Nature Wonder Launch Conference at India Islamic Centre, Lodhi Road New Delhi, held on 12th August **2015**.
- 12. Participated in National Rheumatology Update 2015, Pragmatic Approach To Rheumatic Disease, at Army Hospital (R & R), New Delhi, on 21st-22nd March **2015**.
- Participated in National Symposium on Usool-e-Tashkhees (Principals of Diagnosis) organized by Department of Moalejat, Ajmal Khan Tibbiya College, Faculty of Unani Medicine, AMU, Aligarh (U.P) on 05th November 2016.
- 14. Attended Seminar on 'Challenges in public health' organized by Department of Community Medicine, Vardhman Mahavir Medical College and Safdarjung Hospital on Saturday the 17th February 2018.
- 15. Participated in 3rd One Day National Seminar on "Current Regulations on Herbal Drugs and Food Supplements" organized by Department of Pharmacognosy and Phytochemistry, School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi on 16th May **2017**.
- 16. Participated in National Congress on Cervical Cancer-A Race to overcome the Killer Disease held at Hotel The Royal Plaza, New Delhi, organized by ASSOCHAM, India. on

18th January 2018.

- 17. Participated in One Day Seminar cum Workshop on Advances in Chromatographic Techniques (SCWC-2018) organized by Department of Chemistry, School of chemical and Life Sciences, Jamia Hamdard in collaboration with Bonna-Agela Technologies (A Phenomenex Company) New Delhi on 12th February **2018**.
- 18. Participated in One Day International Conference on Imam Reza (A.S) and Dialogue in Religions Certificate, organized by the Al-Mustafa International University, Iran (India branch), Department of Islamic Studies, Jamia Hamdard, New Delhi, India and Cultural Organization of Astan Quds Razavi, Mashhad, Iran on 26th February **2018**.
- 19. Participated in 3rd One Day National Conference on "Recent Advances in Pharmaceutical Sciences and Health" organized by School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi on 27th February **2018**.
- 20. Participated in 'National Symposium on Research Methodology' organized by Department of Pharmacology, School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi on 7th March, **2018**.
- 21. Attended One Day Workshop on Research Priorities in Hifzan-e-Sehat organized by D/o TST, School of Unani Medical Education & Research, Jamia Hamdard, New Delhi 110062 on 20th March 2018.
- 22. Attended an International Workshop on managing research for effective outcome organized by Department of Management, School of Management & Business Studies, Jamia Hamdard, New Delhi 110062. On 4th August 2018.
- 23. Attended Workshop on Introduction to Biostatics using Microsoft Excel and SPSS organized by Department of Moalijat, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi on 25th January 2019.
- 24. Participated in Two Day National Seminar on the Life, Works & Thoughts of Ayatullah Syed Ali Khamenei organised by the Majlis-e-Ulama-e-Hind, Lucknow, the department of Islamic Studies of Jamia Hamdard, New Delhi and Welayat foundation, New Delhi on 2-3 February 2019
- 25. Attended CME cum Workshop on 'Blood Transfusion: Need of the Hour & Thalassemia: A Major Health Problem' organized by Department of Amraze Niswan wa Qabalat and Mahiyatul Amraz, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi on 20th March **2019**.
- 26. Attended CME cum Workshop on 'Cervical Cancer Screening' organized by Department of Amraze Niswan wa Qabalat and Mahiyatul Amraz, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi on 26th March **2019**.
- 27. Participated in UGC-SAP DRS-II Sponsord Seminar on Recent Advances in Pharmacotherapeutics on 28th March, 2019 at Auditorium, School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi on 28th March **2019**.
- 28. Participated as Volunteer in the faculty programme "Advancement in Medical and Interdisciplinary Sciences: Adaptation for Effective Teaching and Learning Techniques, organized by Department of Amraze Niswan wa Qabalat and Mahiyatul Amraz, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi on 17th – 23rd

September 2019.

- 29. Participated in the 2nd UDMA DAY organized by Unani Drugs Manufacturers Association as Delegate held at Jamia Millia Islamia, New Delhi. on 11th-13th October **2019**.
- 30. Participated in the workshop organized by Department of Amraz-e-Jild wa Tazeeniyat, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi on 19th December 2019.
- 31. Participated in the Unani Day Celebration held at Vigyan Bhawan, New Delhi, organized by CCRUM, Ministry of AYUSH, Govt. of India, on 11th February **2020.**
- 32. Attended National Seminar on 'Tibb-e-Unani Masail wa Wasail' at Convention Center, Jamia Hamdard, New Delhi. On 22nd February **2020**.
- 33. Participated in the Webinar on "COVID-19 and Ayurveda: Principle, Practice and Policy," & Inauguration of Amity Ayurveda Research Center in New York, USA by Sh. Shripad Yesso Naik, Hon'ble Minister of AYUSH (I/C) and Minister of State for Defence (Chief Guest) & Padamshree Vaidya Rajesh Koteja, Secretary AYUSH (Guest of Honor), organized by Amity Science, Technology & Innovation Foundation (ASTIF), Amity University Uttar Pradesh, Noida (INDIA), on 21st May 2020.
- 34. Participated in the first International online conference on 'Integrative Medicine and COVID-19' School of Persian Medicine, Tehran, Iran, held on 30th May **2020**.
- 35. Participated in "MANODASHA: A webinar on Psyco-Socio-Economical Wellbeing during COVID-19 pandemic" organized by students of NIPER Guwahati and Jamia Hamdard, in collaboration of womennoVator. on 30th & 31st May **2020**.
- 36. Participated in National webinar on "Role of Ayurvedic and herbal drugs for Improving Immunity and Health" held on 31st May **2020**.
- Participated in Vibal's Webinar on the topic "Offline Learning Opportunities: Implementing Modular Approach in the Current Educational System" held on the 1st June 2020.
- 38. Attended the OPFiCON~2020 International Web Conference on The Expert Opinion: Exploring Clinical & Pharmaceutical Industries with future Endeavour & Opportunities after COVID19 Pandemic, Organized by Operant Pharmacy Federation in collaboration with Department of Pharmacy, KGR Institute of Technology & Management, on 2nd June 2020.
- 39. Attended the 2nd webinar of Jamia Hamdard COVID-19 webinar series, on "Post COVID 19 era - A challenge on imparting Unani Education, Training & Research" organized by School of Unani Medical Education & Research, Jamia Hamdard, New Delhi. On 3rd June 2020.
- 40. Attended Webinar On "Opportunities In Healthcare To Build Atmanirbhar Bharat Post Covid-19" Competition For Innovative Ideas Organized By Indrashil University, Rajpur, Kadi, Gujarat Held On 4th June **2020**.
- 41. Attended a webinar on 'Covid 19 pandemic: Impact of lockdown on personal and professional life of women' by women cell, D/o computer science, SEST, Jamia Hamdard. on 4th June **2020**.

- Guru Gobind Singh College of Pharmacy in collaboration with Association of Registered Pharmacist on 5th June **2020**.
- 43. Attended webinar on Awareness about Cancer symptoms, Diagnosis Treatment organized by dept. of physiotherapy, held on 6th June **2020**.
- 44. Participated in the International webinar on "Recent Progress in Therapeutic Interventions For COVID-19" organized by Department of Zoology and Environmental Science, School of Basic and Applied Sciences. Maharaja Agrasen University on 6th June 2020.
- 45. Participated in a Webinar, titled "Essentials in Drug Design" Conducted by Athmic Biotech Solutions, Pvt.Ltd. Kerala, India. on 6th June **2020**.
- 46. Attended the evening session on the topic 'Environments, COVID 19 and the Doubly Disadvantaged', organized by Maharaja Agrasen College Teachers Voluntary Initiative for Sharing Ecological Responsibility and Conserving Heritage. on 7th June 2020.
- 47. Participated in Modern Talk A National Webinar On Post Covid-19 Family Business Scenario By PARIMAL MERCHANT, DIRECTOR SP JAIN SCHOOL OF GLOBAL MANAGEMENT. On 8th June 2020.
- 48. Attended the International webinar of Jamia Hamdard COVID-19 webinar series, on "Possibilities Explored in Management of COVID-19" organized by School of Unani Medical Education & Research, Jamia Hamdard, New Delhi. on 8th June 2020.
- 49. Participated in Modern Talk A National Webinar On POST COVID 19 Higher Education Global Scenario: African Lessons from Africa and Scope for Indian Education Sector By Dr. Chikwelu M Mvonu, Chief Lecturer and Dean Department of Financial Management, Federal Polytechnic Oko, Anambra State, Nigeria. On 9th June 2020.

- 50. Participated in the webinar of role of unani medicine in corona (covid-19) organized by All India Unani Tibbi Congress. on 10th June **2020**.
- 51. Attended the webinar on "Drug Repurposing: current Face of drug Development" organized by Guru Gobind Singh College of Pharmacy in collaboration with association of registered pharmacists. on 10th June 2020.
- 52. Attended a webinar Embracing a new-normal in Early childhood education (ECE) and parenting on 11th June **2020**.
- 53. Participated in the National webinar on covid-19: A rise of new education practices" held on 12th June **2020**.
- 54. Attended the webinar on "Laughter yoga: Triggers the immune system" Organised by Guru Gobind Singh College of pharmacy in collaboration with association of registered Pharmacists on 13th June **2020**.
- 55. Attended Webinar on New Roles For The New Normal: Teacher, Nurses, Criminologists Facing The Challenges Admist The Pandemic on 14th June **2020**.
- 56. Participated In The Webinar On Scope & Prospects Of Ayurveda In Meeting The Challenge Of Covid-19 Outbreak On 14th June **2020**.
- 57. Attended the webinar of Jamia Hamdard COVID-19 webinar series, on "Post Corona Times: Road ahead" organized by School of Unani Medical Education & Research,

Jamia Hamdard, New Delhi. on 15th June 2020.

- Participated in the webinar on ROLE OF HERBAL MEDICINE IN COVID-19 on 15th June 2020.
- 59. Attended Webinar on Informal Economy and Labour Issues in Times of COVID-19, organised by IIHMR University on 19th June **2020**.
- 60. Participated in one day National webinar on "Holistic Health through Yoga during Covid-19 Pandemic" Organised by Department of Physical Health & Education & Sports on 19th June **2020**.
- 61. Attended webinar on Art of managing life & wealth during unprecedented time held on 20^{th} June **2020**.
- 62. Participated in National Web Conference on OPFiCON ~ 3 COVID19 Pandemic: Challenges in Drug Development and Clinical Research ORGANIZED BY Operant Pharmacy Federation In Association with Department of Pharmacy, KGR Institute of Technology & Management, Hyderabad 20th June **2020**.
- 63. Attended webinar on "vertical transmission from mother to baby" Organised by International Association of Neuroscience (IAN) on 20th June **2020**
- 64. Participated In Modern Talk A National Webinar On " International Yoga Day Special- Zumba (Yoga) For Life" By ZIN Aarti Maheshwari, Fit India Ambassador, Skill India Certified Fitness Trainer International Zumba, Aqua Zumba Kid Zumba Instructor Organized On 21st June 2020.
- 65. Participated in the webinar on Science, Technology and Development, Cordinated by Indukaka Ipcowala Institute of Management (I²IM) Faculty of Management Studies (FMS) A constituent of CHRUSAT on 23rd June 2020.
- 66. Participated in the International webinar on "ADVANCED MATERIALS FOR BIOMEDICAL DEVICES: CHALLENGES AND PROGRESS" organized by the department of applied physics held on 24th June **2020**.
- 67. Participated in an International Webinar on COVID-19 CHALLENGES & FUTURE STRATEGIES, Organized by GOVT. ADARSH COLLEGE UMARIA (MP) (DEPT. OF HIGHER EDUCATION, GOVT. OF MP, BHOPAL) held on 25th June 2020.
- 68. Attended the webinar of Jamia Hamdard COVID-19 webinar series, on "Amraz -e-Niswan wa Qabalat (Gynae & obstetrics): How to manage in CORONA & COVID-19" organized by School of Unani Medical Education & Research, Jamia Hamdard, New Delhi. held on 25th June 2020.
- 69. Participated in Modern Talk A National Webinar On 'Post Covid 19 Success Mindset'. By Mr.Poh Yung Chi(AUTHOR, ENTREPRENEUR MENTOR & LIFE COACH, Corporate trainer at Richmind Consultant) Malaysia on 26th June **2020**.
- 70. Attended a webinar on "COVID-19 Pandemic: Role of Physiotherapy in Acute Care" conducted by Dr. Altaf Hussain Mir (PT), Dr. Vandana Dua (PT) & Dr. Ghufran Jaleel (PT) on 28th June 2020.
- 71. Participated In Modern Talk A National Webinar On "Post COVID19 Changing paradigm in Digital Marketing and Art of making Content Viral." By Mr.Vinay Singhal, Founder & CEO, Wittyfeed organized On 30th June **2020**.

- Preparedness, Updates and Alternative Medicine: Role to be played ahead for COVID-19" organized by School of Unani Medical Education & Research, Jamia Hamdard, New Delhi. held on 30th June **2020**.
- 73. Participated in the International Pyschology webinar The Role of Brain in Psychological Trauma" Organized by Department of Humanities, ST carlet college, Bengaluru on 3rd July 2020.
- 74. Participated in the Live Webinar on "Covid-19 Is an Opportunity "organized by Rungta Group of Institutions (R1) on 4th July **2020**.
- 75. Attended The 3 rd International Webinar on "Covid 19: Opportunities and Challenges in Digital Environments" Organised by Department of Computer Science & Engineering, School of Engineering Sciences & Technology, Jamia Hamdard On 6th July 2020.
- 76. Participation In Modern Talk A National Webinar On "Research: Is it only hard work and perseverance?". By Resource Person: Dr. (Mrs.) Vandana B. Patravale, Professor of Pharmaceutics Department of Pharmaceutical Sciences and Technology, Institute of Chemical Technology, Mumbai Organized On 8th July **2020**.
- 77. Participated in the "Entrepreneurship, Innovation & Technology in a Post-Covid 19 World" Webinar Conducted by Faculty of Management Studies The Maharaja Sayajirao University of Baroda Vadodara, 390002,Gujarat, India (Accredited Grade "A" by NAAC) on 9th July **2020**.
- 78. Participated in the webinar on Basics of technology transfer in pharmaceutical industry conducted by Dr. Chetan H. Borkhateria and hosted by faculty of pharmacy Dr. subhash technical campus- Junagadh. on 10th July 2020.
- 79. Participated In The Live Webinar On "Post Covid Apna Time Aayega" By Anu Rag Basu Organized By Rungta Group Of Institutions (R1) On Dated 11th July 2020.

- 80. Participation In Modern Talk A National Webinar On "An introduction to IPR Spectrum and Indian Patent System" By Dr. Sanjeeva Kumar Majumdar Manager, StartUp Activities & Intellectual Property Division, National Research Development Corporation (NRDC), Department of Scientific & Industrial Research, Ministry of Science & Technology, Government of India. Organized On 14 July **2020**.
- 81. Attended on National Webinar Series 9 "OVERVIEW OF CLINICAL TRIALS AND OPPORTUNITIES IN CLINICAL RESEARCH" ON 15th July 2020.
- Participated in the webinar on "COVID-19 & DIABETES" organized by Nandha College of Pharmacy Erode-52. on 15th July 2020.
- 83. Attended an Interactive Webinar on "Online Teaching Tools for Faculty Members" organized by the Department of English and Other Foreign Languages, SRM Institute of Science and Technology, Ramapuram Campus, Chennai on 20th July 2020.
- 84. Participated in the webinar on INDIAN PHARMACOPOEIASTANDARDS FOR HERBAL DRUGS Organized by vivek college of technical education bijnor. on 21st July 2020.
- 85. Participation for an International Webinar on "Strategies for Securing Digital Content" held at Rungta College of Engineering and Technology, Bhilai under TEQIP-III. on 25th July 2020.

- Medicine" Organized by Hakeem Abdul Hameed Unani Medical college & Hospital, Dewas (MP). On 26th July, **2020**.
- 87. Attended the webinar on 'VIRTUAL PHARMACOLOGY: NEW PARADIGM OF EXPERIMENTATION" Organized by Guru Govind Singh College of Pharmacy on 28th July 2020.
- 88. Participated in the webinar on "Community Resilience Building For Covid-19 Response And Recovery" Organized By Youth Red Cross And Internal Quality Assurance Cell, Sree Ayyappa College For Women In Association With Disaster Management And Rehabilitation Trust (DMRT) on 1st August 2020.
- 89. Participated in the one day national webinar on plant through ages: Extinct to Extant organized by Dept of Botany in Association with the Internal Quality Assureance Cell of the College. held on 4th August **2020**.
- 90. Participated in International Webinar on "Managing Stress During Pandemic: COVID19" delivered by Mr. Shyam Ahuja (Senior IT Professional at United Healthcare Group in USA) on 7th August 2020.
- 91. Participated in the webinar on "SPIRITUAL, MENTAL, PHYSICAL SOLUTIONS AND SIDDHA YOGA Held on 9th August **2020**.
- 92. Attended the fifth webinar of the series on climate change and covid-19 on 14th August 2020.
- 93. Participated in Medlife Health Care webinar series 2020-21 on "Why is PCOD/PCOS common in India? Importance of Women's Health after the age of 40" by Dr. Meenu Ahuja held on 10th January 2021.
- 94. Participated in online Seminar on "How do I know my vaccine is working?" conducted by Heart Care Foundation of India held on 15th January 2021.

- 95. Participated in the SPSR National Webinar on 'NANOTECHNOLOGY AND MEDICAL SCIENCE: CHALLENGES AHEAD' organized by Society of Pharmaceutical Sciences and Research (SPSR) on 16th January **2021**.
- 96. Participated in Medlife Health Care webinar series 2020-21 on "How can one prevent heart disease and care to be taken after a stroke" by Dr. Satbeer Singh held on 17th January **2021**.
- 97. Participated in online Seminar on "Fear of vaccination success" conducted by Heart Care Foundation of India held on 22nd January 2021.
- 98. Participated in the 7th National Conference on Scientific Updates on Emerging Viral Zoonotic Diseases Including Covid-19 prevention in India and Drivers influencing mutations organised by Millennium India Education Foundation, Heart Care Foundation of India, MUHS, SGMC KEM Hospital Mumbai held on 27th January **2021**.
- 99. Participated in Medlife Health Care webinar series 2020-21 on "What is Pre diabetes? steps to be taken to manage diabetes amidst pandemic by Dr. Shubha shree Patil on 30th Jan **2021**.
- 100. Participated in online Seminar on "Possibilities beyond herd immunity" conducted by Heart Care Foundation of India held on 5th February 2021.
- 101. Participated in online Seminar on "Understanding antibodies after corona or vaccine" conducted by Heart Care Foundation of India held on 12th February 2021.

- 102. Participated in the SPSR National Webinar on 'Countering the Rise of Superbugs Through anti-Microbial Resistance' organized by Society of Pharmaceutical Sciences and Research 103. Participated in Medlife Health Care webinar series 2020-21 on "Anaemia, types, causes, symptoms & prevention, by Dr. Mitu Shrikhande on 21st February 2021.
- 104. Participated in online Seminar on "Travel precautions during pandemic" conducted by Heart Care Foundation of India held on 26th February 2021.

(SPSR) on 21^{st} February **2021**.

- SPSR National Webinar 105. Participated in the on 'ACQUIRING DIGITAL COMPETENCIES IN EDUCATION; THE NEXT GENERATION PHARMACIST' organized by Society of Pharmaceutical Sciences and Research (SPSR) on 7th March 2021.
- 106. Participated in online Seminar on "Post Vaccine Inflammation" conducted by Heart Care Foundation of India held on 12th March **2021**.
- 107. Attended the webinar on topic "Current Advances in Breast Cancer" organised by International Association of Oncology (IAO) & Bioleagues on 18th March 2021
- 108. Participated in online Seminar on "How do I know if blood clots can form in my body" conducted by Heart Care Foundation of India held on 19th March 2021.
- 109. Participated in online Seminar on "Cardiac Rehabilitations" conducted by Heart Care Foundation of India held on 26th March 2021.
- 110. Participated in online Seminar on "History taking and Physical Examination of a cardiac patient" conducted by Heart Care Foundation of India held on 9th April 2021.
- 111. Participated in the SPSR National Webinar on 'OBESITY -TREATMENT VIA DIET MANAGEMENT AND HOMEOPATHY' organized by Society of Pharmaceutical Sciences and Research (SPSR) on 11th April 2021.

- 112. Participated in online Seminar on "Psychological wellbeing of patients and their family members during COVID" conducted by Heart Care Foundation of India held on 16th April 2021.
- 113. Attended the webinar on topic "Surgical Techniques in Women Cancer" organised by International Association of Oncology (IAO) on 25th April 2021.
- 114. Attended the webinar on topic "Regional haemato-pathology" organised by International Association of Oncology (IAO) on 14th May 2021.
- 115. Participated in online Seminar on "Covid update in current scenario" conducted by Heart Care Foundation of India held on 2nd July **2021**.
- 116. Attended the webinar on topic "Genetics in Prostate Cancer" organised by International Association of Oncology (IAO) on 28th September 2021.
- 117. Participated in the Hybrid Virtual 4th UDMA DAY organised by Unani Drugs Manufactures Association as Delegate, at Jamia Hamdard, New Delhi held on 11th October 2021.
- 118. Participated in the SPSR Webinar on 'VITAL DEFICIENCY VS. LIFE MAKING HORMONE' organized by Society of Pharmaceutical Sciences and Research (SPSR) on 21st November 2021.
- 119. Participated in the webinar on 'Lessons Learned During COVID-19 Pandemic' organized by CCRUM, Ministry of AYUSH, Government of India (Certificate ID 74289335) held on 15th December 2021.

- 120. Participated in the webinar on 'Role of Nutrition in Maintaining Health' organized by CCRUM, Ministry of AYUSH, Government of India (Certificate ID 358438) held on 16th December 2021.
- Participated in the webinar on 'Taking Care of Mental Health During and after COVID-19' organized by CCRUM, Ministry of AYUSH, Government of India (Certificate ID 632787237) held on 20th December 2021.
- 122. Participated in the webinar on 'Post-COVID Complications and Care' organized by CCRUM, Ministry of AYUSH, Government of India (Certificate ID 632787237) held on 21st December **2021**.
- 123. Attended a Hybrid Mode Extension Lecture on "Knee Joints Pain: The Anatomical and Physiological Changes and Role of Rehabilitation" organised by Department of Tashreeh (Anatomy) in Collaboration with Department of Munafeul Aza (Physiology), School of Unani Medical Education & Research, Jamia Hamdard, New Delhi held on 3rd February 2022.
- 124. Attended the webinar on topic "Cancer Awareness on World Cancer Day" organised by International Association of Oncology (IAO) and International Dental Association (IDA) on 4th February **2022**.
- 125. Attended the webinar on topic "International World Cancer Day" organised by International Association of Oncology (IAO) on 4th February **2022**.
- 126. Participated as delegate in the live national webinar on Unani System of Medicine for Public Health organized by A&U Tibbiya College and Hospital and Govt of NCT of Delhi on 12th February 2022.
- 127. Attended the webinar on topic "International Childhood Cancer Day" organised by International Association of Oncology (IAO) and R.V College of Nursing (RVCN, Bangalore) on 15th February 2022.

- 128. Attended a Hybrid Mode Extension Lecture on "Frozen Shoulder: Understanding the basic structural and Functional Deviation and role of Physiotherapy" organised by Department of Tashreeh (Anatomy) in Collaboration with Department of Munafeul Aza (Physiology), School of Unani Medical Education & Research, Jamia Hamdard, New Delhi held on 10th March **2022**.
- 129. Participated in an invited lecture on Medical Ethics by Dr. Raziul Islam Nadvi held on 28.03.2022 organized by department of Kulliyat, School of Unani Medical Education & Research, Jamia Hamdard, New Delhi.
- 130. Participated in National workshop on Competency Development of AYUSH Professionals in the technical session of CoE workshop 2022 at HAH auditorium, Jamia Hamdard on 27-29 July **2022**.
- 131. Participated in LIVOMYN Mega webinar on the occasion of World Hepatitis Day on topic "Current Ayurved Approach in Managing Hepatitis" on 28th July 2022.
- 132. Participated in the technical session of IASTAM Conclave 2022 at Convention Center, Jamia Hamdard, New Delhi on 29-30 July 2022.
- 133. Participated in the Unani Day Celebration 2023 and International Conference 'Unani Medicine for Public Health' held at Vigyan Bhawan, New Delhi, organized by CCRUM, Ministry of AYUSH, Govt. of India, on 10-11th February 2023.

- 134. Participated in Guest/ Extension Lecture Series on "Basic Understanding of Radiological Anatomy in Clinical Assessment" organised by Department of Tashreeh (Anatomy) in Collaboration with Department of Munafeul Aza (Physiology), School of Unani Medical Education & Research, Jamia Hamdard, New Delhi held on 5th April 2023.
- 135. Participated in Invited Lecture on 'Impact of Tobacco Consumption on Oral Health' on the occasion of World No Tobacco Day, organised by Department of Tahaffuzi wa Samaji Tib, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi on 24.05.2023.
- 136. Participated in Free Health Checkup and Screening Camp for Oral Cancer Prevention and Treatment' at Shahi Public School, TKD, New Delhi on the occasion of World No Tobacco Day, organised by Department of Tahaffuzi wa Samaji Tib, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi on 30.05.2023.
- 137. Participated in Awareness Walk for Tobacoo Free Campus on the occasion of World No Tobacco Day, organised by Department of Tahaffuzi wa Samaji Tib, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi on 31.05.2023

CO-ORDINATOR/ MODERATOR/ORGANIZING SECRETARY: 18

- Nominated teacher as co-ordinator of students of SUMER to attend the 4th Unani Day & International Conference on Unani Medicine at Vigyan Bhawan, New Delhi. on 11th-12th February 2020.
- 2. Co-ordinator in a CME on "Importance of radiology in COVID-19" organised by School of Unani Medical Education and Research, Jamia Hamdard, held on 1st April **2021**.
- Co-ordinator in Health awareness program on 'World Hepatitis day' organized by Majeedia Unani Hospital and Department of Eye &ENT with collaboration of Charak Pharma Pvt.Ltd. held on 28th July 2021.

- Co-ordinator 15 Days "Transitional Curriculum "for ASU- An Initiative of CCIM, Govt of India. 7th-26th October 2021.
- Moderator in "15 days Transitional curriculum" Programme (Online Mode) Organized by School of Unani Medical Education & Research (SUMER), at Jamia Hamdard New Delhi. 16th October 2021.
- Moderator in "15 days Transitional curriculum" Program (Online Mode) Organized by School of Unani Medical Education & Research (SUMER) at Jamia Hamdard New Delhi. on 23rd October 2021.
- Organizing Secretary in International Webinar on "Evaluation of Temperament in Clinical Practice" on Google Meet platform and YouTube channel Department of Ain Uzn Anaf wa Halaq (Eye & ENT) in Collaboration with Department of Jarahiyat (Surgery) on 25th February 2022.
- 8. Organizing Secretary in Online lecture on "Exam Stress Strategies and Healthy Tips" by Department of Ain Uzn Anaf wa Halaq (Eye & ENT) & Jarahiyat (Surgery), SUMER, Jamia Hamdard, New Delhi in Collaboration with AHA Delhi and AACCI Youth forum Delhi on the occasion of International Adolescent Health Week 2022 (IAHW) on 23rd March 2022.
- 9. Organizing Secretary in Guest lecture on "When and What to ask while suggesting

Imaging" by Department of Ain Uzn Anaf wa Halaq (Eye & ENT) and Department of Jarahiyat (Surgery) in Collaboration with charak pharma at Board Room, SUMER on 27th June 2022.

- Co-ordinator in 15 Days "Transitional Curriculum "for ASU Colleges, An Initiative of NCISM, Govt of India organized by School of Unani Medical Education and Research from 9th-29th November 2022.
- 11. Moderator in 15 Days "Transitional Curriculum (9th-29th November 2022) "for ASU Colleges, An Initiative of NCISM, Govt of India organized by School of Unani Medical Education and Research on 10.11.2022.
- 12. Moderator in 15 Days "Transitional Curriculum (9th-29th November 2022) "for ASU Colleges, An Initiative of NCISM, Govt of India organized by School of Unani Medical Education and Research on 25.11.2022.
- 13. Cordinator in One Week Faculty Development Program (FDP) on Adaptation and Execution of National Education Policy 2020-for Effective Teaching and Learning Techniques, at SUMER, Jamia Hamdard, New Delhi from 14th to 20th December 2022.
- 14. Moderator on third day in One Week Faculty Development Program (FDP) on Adaptation and Execution of National Education Policy 2020-for Effective Teaching and Learning Techniques, at SUMER, Jamia Hamdard, New Delhi from 14th to 20th December 2022.
- 15. Organizing Secretary in Workshop on "Endoscopic Training in ENT diagnosis" by Department of Ain Uzn Anaf wa Halaq (Eye & ENT) & Department of Jarahiyat (Surgery) in Collaboration with Charak Pharma at Board Room, SUMER on 22th Dec 2022.
- Organizing Secretary during the 15 Days "Transitional Curriculum Program-An Initiative of NCISM, Govt of India organized by School of Unani Medical Education and Research from 3rd-24th March 2023.
- 17. Organizing Secretary Free Medical Health Camp, organized by Department of Ain Uzn Anaf wa Halaq from 20 May 2023.
- 18. Organizing Secretary Free Medical Health Camp, organized by Department of Ain Uzn Anaf wa Halaq from 22 June 2023.

MEMBERSHIP: 12

- 1. Member of Community Mobilizer through National Service Scheme (NSS) Jamia Hamdard Unit 2003-2004.
- 2. Member of social media perception committee, SUMER, Jamia Hamdard, New Delhi. 2019.
- Nominated as committee member by SUMER for purchasing of books for central library on 10th January 2020.
- 4. Nominated as Committee Member for Annual Inter School Sports meet Tournaments (Men) in Football, University campus, Jamia Hamdard, New Delhi. 2020.
- Member of International Association of Neuroscience (IAN) (Membership ID PM59130764) from 20th June 2020 to 20th June 2021.
- 6. Active professional member of BioLeages World Wide (Membership ID PM02459618) from 15th September 2020 to 15th September 2021.

- 7. Member, Purchase Committee for establishment of Covid Quarantine Isolation Center at Majeedia Unani Hospital, Jamia Hamdard, New Delhi. since **2021**.
- Active member of International Association of Oncology (IAO) (Membership ID PM96241730) from 15th March 2021 to 31st December 2022.
- Active professional member of the Association for Clinical Neurology and Mental Health (ACNM) (Membership ID PM13970452) from 3rd March 2022 to 31st December 2022.
- 10. Nominated as Tabulator for BUMS final prof. annual examinations 2021-2022 of the School of Unani Medical Education & Research.
- 11. Member, Admission Committee of SUMER for academic session 2022-2023.
- 12. Member, Committee for IQAC data submission to facilities in compiling data which is requirement for SUMER ranking of School, Jamia Hamdard like NCISM, NIRF, AISHE-NAAC etc.

EXTRACURRICULAR ACTIVITIES =30

- 1. A Cadet of National Cadet Corps (NCC), Jamia Hamdard Unit 7th BN, NCC, New Delhi (Awarded B-certificate), **2003-2005**.
- 2. Finance Secretary, Junior Doctors Association (JDA), Ajmal Khan Tibbiya College, AMU, Aligarh **2011-2012**.
- 3. Joint Editor, Unani Pulse-Annual Health Magazine, Junior Doctors Association (JDA), Ajmal Khan Tibbiya College, AMU, Aligarh, **2011-2012**.
- 4. Worked as a team member during CCIM visitation 2018.
- 5. Mentor for BUMS of the students (Batch admitted in 2017 till the internship).
- 6. Worked as consultant in Research OPD in Majeedia Unani Hospital, Jamia Hamdard, New Delhi on Monday and Thursday.
- 7. Invigilator for examination of BUMS final prof at SUMER on 20.12.2017.
- 8. Invigilator for examination of BUMS first prof 2018 at School of Unani Medical Education & Research, Jamia Hamdard, New Delhi. On 10th July **2018**.
- 9. Invigilator for examination of BUMS first prof 2018 at School of Unani Medical Education & Research, Jamia Hamdard, New Delhi. On 16th July **2018**.
- 10. Invigilator for examination of BUMS final prof 2018 at School of Unani Medical Education & Research, Jamia Hamdard, New Delhi. on 8th December **2018**.
- Invigilator for examination of BUMS 2nd year & 3rd year 2019 at School of Unani Medical Education & Research, Jamia Hamdard, New Delhi on 24th April and 08th May 2019.
- Successfully completed the Covid-19 General Awareness Quiz 2020, Organized by Dept. Of Sociology, Radha Govind University, Ramgarh, Jharkhand with a passing score of 90%. We highly appreciate the participant for enthusiastic performance on 5th June 2020.
- Actively participated in COVID-19 Online Awareness Quiz Programme organized by NSS unit, Achhruram Memorial College, Jhalda, Purulia, West Bengal, India on 6th June 2020.
- Actively participated in "Social Awareness Quiz Competition on Corona Virus/COVID-19" organized by Department of Physics, DAV PG College, Gorakhpur and qualified Quiz Competition and secured 100% score on 6th June 2020.

- 15. Participated in Online Quiz on "COVID-19 Awareness Programme" organized by Pharmacy Institute of Noida Institute of Engineering & Technology, Greater Noida for commitment to discharge the service to the nation.on 8th June 2020.
- 16. Participated in online Quiz on "COVID-19, World Environment Day and Yoga Day by Cosmic Smile Foundation secured 100% marks, on10th June **2020**.
- 17. Invigilator for examination of BUMS final prof at SUMER on 01.12.2021.
- Performed Invigilation duty for examination of BUMS 1st Year 2021 at School of Unani Medical Education & Research, Jamia Hamdard, New Delhi. on 18th February 2022.
- 19. Internal Examiner, BUMS Final Year Annual Examination 2021, SUMER, Jamia Hamdard, New Delhi on 27.04.2022.
- 20. Performed Invigilation duty for examination of BUMS at School of Unani Medical Education & Research, Jamia Hamdard, New Delhi. on 13.05.**2022**.
- 21. Performed Invigilation duty for examination of BUMS at School of Unani Medical Education & Research, Jamia Hamdard, New Delhi. on 30.05.**2022**.
- 22. Internal Examiner, BUMS Final Year Supplementary Examination 2021, SUMER, Jamia Hamdard, New Delhi on 28.10.**2022**.
- 23. Certificate of Excellence in Reviewing in recognition of an outstanding contribution to the quality of the Journal 'Journal of Pharmaceutical Research International' **2022**
- 24. Performed Invigilation duty for examination of BUMS at School of Unani Medical Education & Research, Jamia Hamdard, New Delhi. on 06.02.**2023**.
- 25. External Examiner, BUMS Final Year (Subject: Ain Uzn Anaf wa Halaq) Annual Examination in HSZH Govt. College, Bhopal on 15-16 march **2023**.
- 26. Performed Invigilation duty for examination of BUMS at School of Unani Medical Education & Research, Jamia Hamdard, New Delhi. on 27.03.**2023**.
- 27. Performed Invigilation duty for examination of BUMS at School of Unani Medical Education & Research, Jamia Hamdard, New Delhi. on 22.05.**2023**.
- 28. External Examiner, BUMS Final Year (Subject: Ain Uzn Anaf wa Halaq) Annual Examination in HSZH Govt. College, Bhopal on 07-08 June **2023**.
- 29. Performed Invigilation duty for examination of BUMS at School of Unani Medical Education & Research, Jamia Hamdard, New Delhi on 31.07.**2023**.
- 30. Performed Invigilation duty for examination of BUMS at School of Unani Medical Education & Research, Jamia Hamdard, New Delhi. on 07.08.**2023**.

PERSONAL GOAL & INTERESTS:

- I gained my research knowledge during the course work and preparation of protocol for the research projects. Excellent skills on methodology and analysis part in the research projects.
- To utilize the gained experiences, knowledge and skill towards Public health particularly communicable disease like HIV/AIDS, Tuberculosis, Vaccine preventable diseases and Vector borne diseases and Non Communicable Diseases like diabetes and Cardiovascular Diseases.

DECLARATION:

I declare that all the above information provided by me is true to the best of my knowledge.

Date: 16.08.2023

Abdul Nasir