

Curriculum Vitae

Name: **MD. WASI AKHTAR**
Current Affiliation: Assistant Professor (Stage 2, Acad. Level 11),
Deptt. of Moalajat, SUMER,
Jamia Hamdard, New Delhi-110062

Father's name: Md. Ramzan Ali
Date of birth: 10/11/1981



TEACHING EXPERIENCE

UG (BUMS): **14 Years** (Approx.)

PG (MD Moalajat): **13 Years** (Approx.)

RESEARCH EXPERIENCE

Guidance of MD Moalejat Theses work: **13 Years** (Approx.)

CLINICAL EXPERIENCE

Consultant Physician: **14 Years** (Approx.)

AREAS OF INTEREST

- ✓ Clinical Methods and Internal Medicine (Unani)
- ✓ Clinical Research in Unani Medicine
- ✓ Review and Research of Diseases in Unani Medicine

EDUCATIONAL QUALIFICATIONS

Sl. No.	Examination Passed	Year	Name of Board/University	Class/ Division	% of Marks	Main Subject/ Subjects
1.	M.D.	2009	AMU	Pass	68.9	Moalejat
2.	B.U.M.S.	2004	AMU	1 st	67.4	As per CCIM Norms
3.	S.S.S.C.E.	1998	AMU	1 st	70.4	Physics, Chemistry, Biology and English
4.	Secondary School Examination	1996	Bihar School Examination Board, Patna	1 st	65.1	Hindi, Sanskrit, English, Maths, Science, Social Science, Advance Maths
5.	Computer Fundamentals & M.S. Office	2009	A.M.U.	Completed		

Title of M.D. Thesis: Clinical Study of Iron Deficiency Anaemia and Therapeutic Evaluation of *Majoon Khabsul Hadeed* in its Treatment.

WORKING EXPERIENCES DETAILS

Sl. No.	Institution	Department	Designation of the Post held	Date of Joining & Leaving	Nature of duties performed
1.	SUMER, Jamia Hamdard	Moalajat	Assistant Professor	26/2/2018 Till date	Teaching & Clinical duties
2.	HRUMC, Sambhal	Moalajat	Reader	15/12/2017-24/2/2018	Teaching & Clinical duties
3.	AKTC, AMU	Moalejat	Assistant Professor	01/01/2014-17/6/2017	Teaching & Clinical duties
4.	AKTC, AMU	Moalejat	Assistant Professor	24/9/2013-23/10/2013	Teaching & Clinical duties
5.	AKTC, AMU	Moalejat	Assistant Professor	21/8/2013-19/9/2013	Teaching & Clinical duties
6.	AKTC, AMU	Moalejat	Assistant Professor	16/11/2012-31/5/2013	Teaching & Clinical duties
7.	AKTC, AMU	Ilaj-bit-Tadbeer	Guest Faculty	14/5/2012-15/11/2012	Teaching & Clinical duties
8.	AKTC, AMU	Moalejat	Assistant Professor	16/01/2012-13/05/2012	Teaching & Clinical duties
9.	AKTC, AMU	Moalejat	Assistant Professor	03/11/2011-02/12/2011	Teaching & Clinical duties
10.	Jamia Tibbiya Deoband	Moalijat	Lecturer	08/02/2010-01/11/2011	Teaching & Clinical duties
11.	AUAMC, Aligarh	Moalijat	Lecturer	01/04/2009-30/09/2009	Teaching & Clinical duties

RESEARCH PAPERS PUBLISHED

Google Scholar: <https://scholar.google.co.in/citations?user=PAfaZbsAAAAJ&hl=en>

ORCID: <http://orcid.org/0000-0001-6585-5892>

1. M.B. Naleem, **Md Wasi Akhtar***, Yasmeen Shamsi, Farkhunda Jabin, Mohd Maaz, Evaluation of comparative efficacy of Hijama bila shart (dry cupping) and Bukhoor (steam application) in the management of low back pain, Journal of Bodywork and Movement Therapies, Volume 40, 2024, Pages 2042-2047, ISSN 1360-8592, <https://doi.org/10.1016/j.jbmt.2024.10.056>.
2. Mehnaz S, Shamsi Y, **Akhtar MW**, Mohanty S, Ahmad S. Therapeutic Applications of Neem (*Azadirachta indica*): A Narrative Review. Adv Mind Body Med. 2024 Fall; 38(4):14-18. PMID: 39447127.
3. Chaudhary SS, **Akhtar MW*** and Siddiqui A, Phytochemical, Pharmacological and Traditional Importance of *Cinnamomum tamala* (Tejpat), International Journal of Biology, Pharmacy and Allied Sciences (IJBPAS), September, 2024, 13(9): 4465-4483, ISSN: 2277-4998 <https://doi.org/10.31032/IJBPAS/2024/13.9.8314>
4. Khan R, Shamsi Y, Khan SA, Nikhat S, **Akhtar W**. Hijamah (Cupping Therapy) for Pain Management in Patients with Cervical Spondylosis. Altern Ther Health Med. 2023 Oct; 29(7):268-271. ISSN: 1078-6791 PMID: 36881535 (**Scopus indexed**)
5. Salma, Shamsi Y, Nikhat S, Manjhi M, ***Akhtar M.W.**, Ahmad S. Clinical evaluation of a topical Unani pharmacopoeial formulation Tila-e-Kalf in the management of melasma (Kalf): A randomized controlled clinical trial. Avicenna J Phytomed, May-Jun 2023; 13(3): 255-264 (**Scopus indexed**) DOI: <https://dx.doi.org/10.22038/AJP.2022.21346>
6. Khan R, Shamsi Y, Khan SA, Nikhat S, Akhtar MW and Mohanty S. An overview of Cervical Radiculopathy and its management in Unani medicine with special reference to Wet Cupping therapy. IJPAS, May, 2023, 12(5): 2365-2378 (**WoS indexed**)

7. Khan R, Shamsi Y, **Akhtar MW**, Khan SA, Mohanty S, Nikhat S. Overview of Cervical Spondylosis and its Management through Unani Medicine. *Chettinad Health City Med J*. Apr-Jun 2023;12(2):111-116 (**UGC Care List**) <https://doi.org/10.24321/2278.2044.202338>
8. Naleem MB, **Akhtar MW***, Shamsi Y, Jabin F, Maaz M. Hījāmah (Cupping Therapy): Special Reference to Neuromuscular Disorders. *Chettinad Health City Med J*. Oct-Dec 2022; 11(4):86-91. (**UGC Care List**) <https://doi.org/10.24321/2278.2044.202244>
9. Khan S, Shamsi Y, Jahangir U, Manjhi M, **Akhtar MW**. Efficacy of Unani Combination Therapy in the Management of Acne Vulgaris: A Randomised Standard Controlled Study. *Chettinad Health City Med J*. 2022;11(3):10-16 (**UGC Care List**) <https://doi.org/10.24321/2278.2044.202223>
10. Mehnaz, M., Shamsi, Y., **Akhtar, M. W.**, Zaidi, S., Mohanty, S., & Ahmad, S. An overview of Acne Vulgaris (Busoor Labaniya). *CELLMED*. 2022. 12(2), 9.1-9.5. <https://doi.org/10.5667/CELLMED.2022.009>
11. Syed Shamsul H.T., **Akhtar M.W.**, Effect of Unani Formulation in *Bars* (Vitiligo)- A Case Study Int. J. AYUSH CaRe. 2022; 6(1):57-62. <https://www.ijacare.in/index.php/ijacare/article/view/293>
12. Mohd. Yaqoob, Yasmeen Shamsi, **Md. Wasi Akhtar***, Abhinav Jain, Roohi Azam, Sohrab A. Khan, A randomized controlled clinical study to evaluate the efficacy of *Hijamah* (wet cupping) in *Irq-un-Nasa* (Sciatica) Journal of Research in Traditional Medicine, 2022; 8(1): 13-22. Doi:10.5455.jrtm.2022/135439
13. Yasmeen Shamsi, Manju Sharma, Azhar Jabeen, **Wasi Akhtar**. Efficacy and Safety of a Polyherbal Unani drug as an Adjuvant Therapy in type-2 diabetes mellitus: a double-blind, Randomized, Placebo-Controlled Study. *Fortune Journal of Health Sciences*. 2022; 5: 43-57.
14. Aziz A, ***Akhtar MW**, Mannan A, Aziz Y, Comparative therapeutic evaluation of two Unani formulations in the management of Chronic Tonsillitis, *Journal of Drug Delivery and Therapeutics*. 2021; 11(5-S):42-47
15. Akhtar H, **Akhtar MW**, Khan MSA, Husain SZ, Sibr (*Aloe barbadensis*): A Short Description with Unani Approach, *Journal of Drug Delivery and Therapeutics*. 2021; 11(2):224-227
16. Hilal Akhtar, **Md. Wasi Akhtar** and Syed Zeba Husain, Unani Medicines: Nature's Mileage to Boost Up "Body Immunity" of Individuals with Musculo-Skeletal Disorders During COVID-19". *EC Orthopaedics* 12.5 (2021): 64-70.
17. Mohd. Yaqoob, Yasmeen Shamsi, ***Md. Wasi Akhtar**, Roohi Azam, Farkhunda Jabin. *Irq-Un-Nasa ke ilaj men Hijamah ki ifadiyat*, *Jahan-e-Tib*, 2020, 22(4): 41-45 (**UGC Care List**)
18. Yasmeen Shamsi, Rais Ur Rahman, ***Md. Wasi Akhtar**, Scope of Unani medicine in the Prophylaxis and Management of Covid-19, *Ind. J. Unani Med.*, Vol. XIII, Iss. 2 (July - December, 2020.), pp.55-59
19. Yasmeen Shamsi, Rais Ur Rahman, ***Md. Wasi Akhtar**, Role of Unani medicine in the prevention of coronavirus disease-2019 (Covid-19): A review and research perspective, *Ind. J. Unani Med.*, Vol. XIII, Iss. 1 (January - June, 2020.), pp. 29-36
20. Mohd. Yaqoob, Yasmeen Shamsi, ***Md. Wasi Akhtar**, Roohi Azam and Abhinav Jain, *Sciatica (irq-un-nasa)* in modern and Unani perspective, *Ind. J. Unani Med.*, Vol. XIII, Iss. 1 (January - June, 2020.), pp. 1-6.

21. Abdul Khalique, Abdur Rauf, Mohd. Yunus Siddiqui, **Md. Wasi Akhtar**, *Nau-Zaaida Atfal ki Tadabeer*, Jahan-e-Tib, CCRUM, Govt. of India New Delhi, ISSN 0974-1372, Vol. 17-21, July 2015-Dec 2019, 83-87 (**UGC Care List**)
22. Abdul Aziz, Abdul Mannan, ***Md. Wasi Akhtar**, and Yasmeen Aziz, *Warm-e-Lauztain* (Tonsillitis): Diagnosis and Management with reference to Unani System of Medicine, *Journal of Drug Delivery and Therapeutics*. 2019; 9(2):474-477
23. Mohd Yaqoob, Yasmeen Shamsi, **Md. Wasi Akhtar**, Roohi Azam, Farkhunda Jabin, Role of Unani Regimenal Therapies (URT's) in the management of *Irq-un-Nasa* (Sciatica), *International Journal of Research and Analytical Reviews (IJRAR)*, E-ISSN 2348-1269, P-ISSN 2349-5138, April 2019, Volume.6, Issue 2, pp.373-382 (**UGC Care List**)
24. **Akhtar MW**, Naseer M, An appraisal of Unani fundamentals in the management of *Humma* (fever), *Journal of Drug Delivery and Therapeutics*. ISSN: 2250-1177, 2019; 9(1-s):516-519
25. Abdul Khalique and **Md Wasi Akhtar**, Diabetes mellitus (*Ziabetus shakari*) in light of Grecoarabic medicine, *International Journal of Physiology, Nutrition and Physical Education*, ISSN: 2456-0057, 2017; 2(2): 179-183 (**UGC Care List**)
26. M.Y. Siddiqui, ***Md. Wasi Akhtar**, Jamal Azmat, Abdul Khalique, A Comparative Clinical Study of Unani Formulation (Maghz Tukhm-e-Jamun wa Tukhm-e-Hayat) and Metformin in the Management of Ziabetus Shakari (Type 2 Diabetes Mellitus), *Medical Journal of Islamic World Academy of Sciences*, Turkey, ISSN: 2415-1297 (Online) 2415-1300 (Print), 2017; 25(2): 40-49
27. **Md. Wasi Akhtar**, Fuzela Sherawani, Abdul Mannan and Misbahuddin Siddiqui, Clinical Study of *Zaheer Ameerbai* (Amoebic Dysentery) and Therapeutic Evaluation of *Safoof-e-Belgiri* in its Management, *International Journal of Universal Pharmacy and Bio Sciences*, (ISSN): 2319-8141, 2017, 6(2): 23-30
28. Badrudduja Khan, Mursaleen Naseer and **Md. Wasi Akhtar**, *Siman-e-Mufrat* (Obesity) with especial reference to Unani system of Medicine, *UNIMED KULLIYAT* (ISSN:2249-5703), Department of Kulliyat, Aligarh Muslim University, Aligarh, April 2016-March 2017; 9 (2) : 68-73
29. Danish Ali, Tabassum Latafat, B.D. Khan, Jamal Azmat and **Md. Wasi Akhtar**, Hypertension in Unani System of Medicine, *Hippocratic Journal of Unani Medicine*, ISSN: 0974-1291, January – March 2017, 12(1):21-30
30. Mursaleen Naseer, Misbahuddin Siddiqui, and **Md. Wasi Akhtar**, A Review on Qaranfal (Clove), *International Journal of Institutional Pharmacy and Life Sciences*, ISSN: 2249-6807, 2016, 6(4): 44-47
31. **Md. Wasi Akhtar**, Mursaleen Naseer and Misbahuddin Siddiqui, Anti-Hyperglycaemic Effect of Some Unani Formulations in the Management of Diabetes Mellitus Type 2, *International Journal of Universal Pharmacy and Bio Sciences*, (ISSN): 2319-8141, 2016, 5(3): 213-222
32. **Akhtar, M.W.**, Naseer, M., and Siddiqui, M.Y., Concept of Insomnia and Its Management in Greco-Arab Medicine, *International Journal of Institutional Pharmacy and Life Sciences*, ISSN: 2249-6807, 2016, 6(3): 294-299
33. Mursaleen Naseer, **Md.Wasi Akhtar**, Misbahuddin Siddiqui, The Comparative Evaluation of the Efficacy of Unani Formulations with especial reference to Bronchial Asthma, *International Journal of Universal Pharmacy and Bio Sciences*, ISSN: 2319-8141, 2016; 5(3):27-35

34. Siddiqi, M., Khan, B. D., **Akhtar, M. W.** and Azam, M., Therapeutic Evaluation of a Unani Formulation (*Safoofe Muhazzil Khaas*) in the management of *Samane Mufrat* (Obesity), *Hippocratic Journal of Unani Medicine*, New Delhi, ISSN: 0974-1291, 2015,10(2):33-42.
35. **Akhtar, M.W.** and Siddiqui, M.M.H., Management of Chronic Rhinosinusitis with *Habb-e-Shifa* and Steam Inhalation, *Hippocratic Journal of Unani Medicine*, New Delhi, ISSN: 0974-1291, 2014,9(2):59-66.
36. Khan, Z.H., Akhtar, M.S., **Akhtar, M.W.** and Parveen, S., Clinical Study on Haemorrhoids and Therapeutic Evaluation of Habb-e-Rasaut and Habb-e-Muqil in Its Management, *Hamdard Medicus*, Karachi, Pakistan, ISSN:0250-7188, 2013, 56(1): 31-39.
37. **Akhtar, M.W.**, Siddiqui, M.Y., Siddiqui, M.M.H. and Khan, B.D., *Majoon Khabsul Hadeed: An Ultimate Unani Remedy for GI Bleeding Disorders*, *Hamdard Medicus*, Karachi, Pakistan, ISSN:0250-7188, 2013, 56(1): 61-70.
38. **Akhtar, M.W.** and Siddiqui, M.M.H., Comparative Efficacy of Unani Drugs in the Management of *Zight-ud-dam Qawi Ibtidai* (Primary Hypertension), *Hippocratic Journal of Unani Medicine*, New Delhi, ISSN: 0974-1291, 2013, 8(2):23-31.
39. Usman, M., Irshad, S. and **Akhtar, M. W.**, Contribution of Unani Physicians in Child Health Care with Special Reference to Al Qanoon Fit Tib, *Journal of the International Society for the History of Islamic Medicine (JISHIM)*, ISSN No.1303-667x, 2011-2012, 10-11(19-20-21-22):39-41.
40. **Akhtar, M.W.**, Siddiqui, M.Y., Siddiqui, M.M.H. and Khan, B.D., *Soo-Ul-Qiniya—Understanding of the Disease and Its Therapeutics*, *Indian journal of Unani Medicine*, New Delhi, ISSN No. 0974-6056, 2012, 5(2):79-83.
41. Ilahi, A., Ansari, A. H., Zulkifle, M. and **Akhtar, M. W.**, Massage: A Crutch for Elderly Insomniacs, *Journal of AYUSH*, ISSN: 2278-2214, 2012, 1(1):14-20
42. **Akhtar, M.W.**, Siddiqui, M.Y., Siddiqui, M.M.H. and Khan, B.D., Efficacy of Majoon Khabsul Hadeed in Faqrudam ba Sabab-e-Qillat-e-Faulad (Iron deficiency/ microcytic-hypochromic anaemia), *Indian Journal of Traditional Knowledge*, New Delhi, ISSN No. 0975-1068 (Online); 0972-5938 (Print), 2011, 10(2): 323-326
43. **Akhtar, M.W.**, Siddiqui, M.Y., Siddiqui, M.M.H. and Khan, B.D., Iron Deficiency Anaemia: In the Pages of History, *Indian Journal of Unani Medicine*, New Delhi, ISSN No. 0974-6056, 2010, 3(1):35-38.

BOOKS PUBLISHED

1. *Moalajat Amraz Nizame A'asab wa Dimagh*, 2021, ISBN: 978-93-92089-00-8
Mohd. Yunus Siddiqui, Mursaleen Naseer and **Md. Wasi Akhtar**
2. *Research Studies in Moalejat*, 2016, ISBN: 978-81-927666-1-4
Mursaleen Naseer and **Md. Wasi Akhtar**
3. *Haziq Atibba ke Majarrabat (Asaan Ilaj) 2nd Revised Edition*, 2014, ISBN: 978-81-928837-9-3
Abdul Mannan, Mohd. Yunus Siddiqui and **Md. Wasi Akhtar**
4. *Matab wa Nuskha Nawisi*, 2012
Abdul Mannan, Md. Manzar Alam and **Md. Wasi Akhtar**
5. *Haziq Atibba ke Majarrabat (Asaan Ilaj)*, 2011
Abdul Mannan, Mohd. Yunus Siddiqui and **Md. Wasi Akhtar**

1. *Iron Deficiency Anaemia: Disease and Therapeutics Travelling Through the Periods*, International Conference on Research Advances in Traditional Medicine: Challenges and Opportunities, Organised by Foundation for Promotion of Natural Products in Collaboration with CCRYN, Jamia Hamdard, MediCity, Islahi Dawakhana at Convention Centre Jamia Hamdard New Delhi on 30-31st October 2007.
2. *Acne Vulgaris: Reveiw as Metabolic and Hormonal Disorder*, National Seminar on Prevention and Management of Metabolic Diseases in Unani System of Medicine, Organised by P.G. Department of Moalijat Jamia Tibbiya Deoband on 16-17 February 2008.
3. *Post-Operative Venous Congestion and Leeching: Review*, National conference on Futuristic Shape of Teaching and Training of Jarahat (Surgery) at UG & PG Education of Indian System of Medicine JCON 2009, Organised by Department of Jarahat (Surgery) A.K. Tibbiya College AMU on 21-22nd February 2009.
4. *Dietary Aetiologies and Management of Acne Vulgaris*, RCH PHARMAMED 2009, National Conference organized by Faculty of Medicine (U) and Pharmacy, Jamia Hamdard in collaboration with CCRUM, New Delhi, sponsored by AYUSH on 17-18th April 2009.
5. *Clinical evaluation of the Efficacy of Majoon Khabsul Hadeed in the management of Anaemia*, UNICON 2010, International conference of Integrative Medicine & 1st SAARC Conference on Unani Medicine, organized by Faculty of Unani Medicine, AMU Aligarh in 2-4 February 2011.
6. *Clinical Application of Leech Therapy in Unani System of Medicine*”, National Conference on Environmental Aspects of Healthcare in Unani Medicine, organized by National Environmental Science Academy, New Delhi Sponsored by AYUSH on 27-28th March 2011.
7. *Managing the insomniacs with Unani Medicines*, National Symposium on Emerging Trends in Biological Sciences: Special Emphasis on Neurosciences (ETBS)-2012, organized by Interdisciplinary Brain Research Centre (IBRC), J.N.M.C., AMU, Aligarh on 25-26 September 2012.
8. *Chronic Rhinosinusitis and its Management with Regimenal Therapy*, National Seminar on Research Methodology in Ilaj bit Tadbeer, State Takmeel-ut-Tib College & Hospital Lucknow, 10-11 October 2015
9. *Conventional Forms of Unani Drugs: Challenges and Remedial*, National Seminar-cum-Workshop on Modernization of Unani Pharmacy: Need and Importance, Organized by Department of Saidla, Faculty of Unani Medicine, AMU, Aligarh on 14-15 November 2015.
10. *Tibbe Unani me Waja ka Tasauur aur uske Tadaruk me Ilaj bit Tadbeer ki Ahmiyat*, National Seminar-cum-Workshop on Intervention of Ilaj-bit-Tadbeer in the Management of Pain and Disability, Organized by Department of Ilaj-bit-Tadbeer, Faculty of Unani Medicine, AKTC, AMU, Aligarh on 7-8 March 2016.
11. *Concept of Hepatitis according to affected surface area with special reference to Kamil-us-Sana'a*, National Seminar on Hepatitis, organized by Deptt. of Moalejat, DUMC and Research Centre, Deoband, on 21 May 2016.
12. *Humma (Fevers): Basics of Management*, 1st World Unani Congress, organized by World Unani Foundation, India in collaboration with National Council for Promotion of Urdu Language (MHRD, New Delhi) at Jamia Millia Islamia, New Delhi on 6-7 March 2017

13. *Efficacy of Khameera Sandal in Warm-e-Maida (Gastritis) – An observational clinical Study*, MCON'17, Two day National Conference on Moalejat, organised by dept. of Moalejat, AMU, Aligarh held on 21-22 March 2017.
14. *Role of Unani formulation in Viral Eruptive Fevers*, National Seminar on Unani Day Celebration—A Dialogue between Researchers and Academia of Unani Institutes in India, organized by School of Unani Medical Education and Research, Jamia Hamdard, New Delhi, held on 6th March 2018.
15. Exploring the Efficacy of *Majoon Brahmi* and *Roghan Laboob-e-Saba'a* in Treating the Anxiety origin Insomnia, First National Seminar on Life Style Disorders, organized by Aligarh Unani Medical College and ACN Hospital, Aligarh, held on 13th October 2018.
16. *Qula-e-Dahan* (Aphthous Stomatitis) and its Management through Unani Medicine, National Seminar on Amraz-e-Jild wa Tazeeniyat, organized by Deptt. of Amraz-e-Jild wa Zohrawiya, AKTC, AMU, Aligarh, 16th March, 2019.
17. Research prospects in Unani medicine with reference to Chronic Kidney Disease (CKD), National seminar on “A Journey through: An Update on evidence-based medical practice in Unani Medicine” organized by School of Unani Medical Education and Research, Jamia Hamdard, New Delhi on 22-23 April 2019.
18. Chronic constipation in elderly and its management in Unani medicine, MCON'19 National Conference on Evidence Based medicine “Challenges in the management of *Amraz-e-Muzminah* (Chronic Diseases), organized by Deptt. of Moalejat, AKTC, AMU, Aligarh, 5-6 November, 2019.
19. Holistic approach in Unani system of Medicine for the management of Chronic Constipation, National conference on “*Tibb-e-Unani: Masail wa Wasail*”, organized by World Unani Foundation New Delhi at Convention Centre, Jamia Hamdard, New Delhi on 22nd February 2020.
20. Amraze Nafsaniya and its Management in Unani Medicine, 2nd National Seminar on Integrative approach for Research in Unani Medicine, organized by Department of Ilmul Advia, Faculty of Unani Medicine, AMU Under the Auspices of DRS-II (SAP-II) UGC, on 2-3 March 2022.

Lectures Delivered as Resource Person

1. “How to make teaching of Moalajat more Effective and Applied”, Continuing Medical Education (CME) programme for Teachers on Moalajat, organized by Department of Moalajat Deoband Unani Medical College, Hospital & Research Centre, Deoband, Sponsored by Ministry of AYUSH, Govt. of India, 07 October 2021
2. Fundamentals and Principles of Diagnosis, 15 days “Transitional Curriculum” Programme (Online Mode) for BUMS Ist Prof. Session 2020-21, organized by School of Unani Medical Education & Research, (SUMER), Jamia Hamdard, New Delhi, 07-26 October 2021.

AWARDS AND RECOGNITIONS

1. Conferred with “18th UMA Excellence Awards” in the category of “Best Emerging Unani Physician” by Unani Medical Association Hyderabad, on the occasion of World Unani Day Celebrations, 16th February 2019

2. Invited Technical support Expert (Unani) for the International Expert Committee Meeting (IECM) of WHO Benchmarks of Practice in Unani medicine document and WHO Benchmarks of Training in Unani medicine document at IPGT & RA, Gujarat Ayurved University, Jamnagar, 26-29 November 2019.
3. Invited Technical support Expert (Unani) for the Working Group Meeting (WGM) of WHO International Unani Terminology document at IPGT & RA, Gujarat Ayurved University, Jamnagar, 02-04 December 2019.
4. Expert for vetting the Unani portion of 40 single drugs monograph to be published in Unani Pharmacopoeia of India, at CCRUM Headquarters, New Delhi, 15-16 January 2020.
5. External Member, Board of Studies- Unani, Dr. Sarvepalli Radhakrishnan Rajasthan Ayurved University, Jodhpur. (May 2022 till date)
6. External Member, Board of Studies, Department of Moalajat, Government Tibbi College and Hospital, Patna. (May 2022 till date)

MD MOALEJAT THESES GUIDANCE

1. Clinical Study of *Ziabetus Shakari* (Diabetes Mellitus Type II) and comparative Evaluation of Unani Formulation (*Maghz Tukhme Jamun wa Tukhme Hayat*) and Metformin in its Management, by Abdul Khaliq, Deptt. of Moalejat, AMU, (**Awarded, 2016**).
2. Clinical Study of Gout and Therapeutic Evaluation of *Habb-e-Suranjan* in its Management, by Hilal Akhtar, Deptt. of Moalejat, AMU, (**Awarded, 2016**).
3. A Clinical Study of Chronic Tonsillitis and Comparative Therapeutic Evaluation of *Laoq Sapistan Khayar Shambri* and *Sharbat Toot Siyah* in Its Management, by Abdul Aziz, Deptt. of Moalejat, AMU, (**Awarded, 2017**).
4. A Randomised Controlled Clinical Study to Evaluate the Efficacy of *Hijamah Bil Shart* in *Irq-un-Nasa* (Sciatica) by Dr. Mohd. Yaqoob, Deptt. of Moalajat, SUMER, Jamia Hamdard (**Awarded, 2021**).
5. Evaluation of comparative efficacy of *Hijama bila shart* (dry cupping) and *Bukhoor* (steam application) in the management of low back pain, by **Dr. M.B. Naleem**, Deptt. of Moalajat, SUMER, Jamia Hamdard, (**Awarded, 2023**).
6. Comparative Evaluation of Topical Unani Formulations in the Management of Basoor-e-Labaniya (Acne vulgaris): An Open Label, Parallel Group, Randomized Clinical Study, by Dr. Mehnaz, Deptt. of Moalajat, SUMER, Jamia Hamdard (**Awarded, 2023**).
7. Comparative Clinical Evaluation of Topical Unani Formulations in the Management of Klaf (Melasma), by Dr. Nushrat Jahan, Deptt. of Moalajat, SUMER, Jamia Hamdard (**2021 Batch, in progress**).
8. An Open label, Randomized comparative clinical study to evaluate the Efficacy of *Hijamah bil shart* (wet cupping) at two different sites in the Management of Sciatica, by **Dr. Mohd. Faisal Khan**, Deptt. of Moalajat, SUMER, Jamia Hamdard (**2022 Batch, in progress**).

TRAINING PROGRAMMES ATTENDED

1. One month UGC Sponsored online FIP (Faculty Induction Programme) organized by MMTC (Madan Mohan Malviya Teacher Training Centre), Jamia Millia Islamia New Delhi from 1st December to 31st December 2023.

2. 5 Days of Faculty Development Programme (FDP) on Research Methodology in Healthcare, organized by Department of Physiotherapy, SNSAH, Jamia Hamdard in collaboration with UGC-HRDC, Jamia Millia Islamia from 28th March-1st April 2022.
3. 2 weeks Online-Subject Refresher Course in Teacher Education (open to all), UGC Human Resource Development Centre (HRDC), AMU, Aligarh, 21 August 2021 to 04 September 2021.
4. CME for Teachers of Moalajat, Department of Moalajat, State Takmeel-ut-Tib College, Lucknow, 12-17 November 2018
5. Faculty Development Programme “Whole Brain Classroom and Modern Dynamics and Pedagogy”, organized by IQAC, Jamia Hamdard, New Delhi, on 8th May 2018.
6. Short Term Course, Induction Course, UGC, Human Resource Development Centre (HRDC), AMU, Aligarh, 04-10 October 2016.
7. CME for Teachers, PG department of Moalejat, Jamia Tibbiya Deoband, Sponsored by Ministry of AYUSH, Govt. of India, 12-17 December 2014.
8. Training programme on Personality Development and Communication skills, UGC Academic Staff College, AMU, Aligarh, 19-25 November 2014.

SEMINARS/ CONFERENCES/ CME/ WORKSHOPS/ SYMPOSIUM ORGANIZED

1. **Co-Organizing Secretary**, CME in Ilmul Atfal for Teachers, from 26th February to 2nd March 2024, Sponsored by Ministry of AYUSH, Govt. of India, organized by Department of Ilmul Atfal, SUMER, Jamia Hamdard, New Delhi
2. **Co-ordinator In-charge**, PG Orientation Programme **2023-2024**, from 15/02/2024 to 07/03/2024, organized by PG departments, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi.
3. **Co-ordinator In-charge**, PG Orientation Programme **2022-2023**, from 09/05/2023 to 29/05/2023, organized by PG departments, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi.
4. **Organizing Secretary**, CME on Awareness, Preparedness, Prevention and Management of Corona Virus Disease (COVID-19), organized by SUMER, Jamia Hamdard, on 12th March 2020
5. **Co-ordinator**, Faculty Development Programme “Advancement in Medical and Interdisciplinary Sciences: Adaptation for Effective Teaching & Learning techniques”, organized by Deptt. of Amraz-e-Niswan wa Qabalat, SUMER, Jamia Hamdard in Collaboration with UGC-Human Resources Development Centre, Jamia Millia Islamia, New Delhi, 17th – 23rd September 2019
6. **Organizing Co-Chairman**, Hands on Training cum Workshop on “Exercise is medicine and Movement is Life” organized by Deptt. of Moalajat, SUMER in collaboration with Deptt. of Rehabilitation Sciences, Jamia Hamdard, on 29th March 2019
7. **Co-Convenor**, MCON’17, Two day National Conference on Moalejat, organised by dept. of Moalejat, AMU, Aligarh held on 21-22 March 2017.
8. **Convenor**, National Symposium on *Usool-e-Tashkhees* (Principles of Diagnosis), organized by Department of Moalejat, Faculty of Unani Medicine, AMU, Aligarh on 5th November 2016.

MEDICAL CAMPS (Organized/ Participated)

1. **Organized** and provided service as **Consultant** in Free Unani Medical Camp at **Mandrak**, Aligarh on 5th May 2013
2. **Organized** and provided service as **Consultant** in Free Unani Medical Camp at **Danpur**, Distt. Bulandshahar on 28th February 2014
3. **Organized** and provided service as **Consultant** in Free Unani Medical Camp at **Jalesar**, Distt. Etah on 25th May 2014
4. **Organized** and provided service as **Consultant** in Free Unani Medical Camp organized by Majeedia Unani Hospital & SUMER, Jamia Hamdard at **Sambhal** on 16th December 2018.
5. **Organized** and provided service as **Consultant** in Free Unani Medical Camp organized by Majeedia Unani Hospital & SUMER, Jamia Hamdard at **Kithore**, Distt. Meerut on 2nd February 2019.
6. Provided Services as **Physician** in Free Medical Camp on Bone and Joint Health of Senior Citizens, organized by the Department of Moalejat, SUMER, Jamia Hamdard at Kalkaji Senior Citizens Welfare Forum, New Delhi on 10th March 2019.

EXTRACURRICULAR ACTIVITIES

1. **Member**, Students Grievance Redressal Committee, Department of Moalejat, A.K. Tibbiya College, Faculty of Unani Medicine, for the session 2008-2009.
2. **Member, Organizing Committee** (Food & Catering Committee), National Workshop on “PG Education in Tashreehul Badan- A Need of the Hour” Deptt. of Tashreehul Badan, A.K.T.C, AMU, 25th Sept. 2012
3. **Member, Organizing Committee** (Food & Catering Committee), National Workshop cum Symposium on “Matab wa Nuskha Nawisi”, Deptt. of Moalejat, A.K.T.C, AMU, 27th Sept. 2012
4. **Member, Organizing Committee** (Registration and Food & Catering committee), National Symposium on Areas of Research in Tashreehul-Badan “At-Tashreeh”, Deptt. of Tashreehul-Badan, A.K.T.C., AMU, 18th March 2013.
5. **Member, Organizing Committee** (Food & Catering Committee), Two Days National Workshop on Nuskha Nawisi, organized by Department of Moalajat, A.K.T.C., AMU, 22&23 October 2013.
6. **Member organizing committee** (Registration Committee), National Workshop on “Potential of Ilaj bit Tadbeer in the Management of Life Style Disorders”, Deptt. of Ilaj bit Tadbeer, Faculty of Unani Medicine, A.K. Tibbiya College, A.M.U., Aligarh, 27 September 2014.
7. **Member**, Co-ordination committee for the CCIM Visit of the College 2015
8. **Member, Reception and Co-ordination Committee** for NAAC visit 2015, Faculty of Unani Medicine
9. **Member, Organizing Committee** (Hospitality & Accommodation), National Seminar-cum-Workshop on Modernization of Unani Pharmacy: Need and Importance, Organized by Department of Saidla, Faculty of Unani Medicine, AMU, Aligarh on 14-15 November 2015.
10. **Member, Organizing Committee** (Registration Committee), National Seminar-cum-Workshop on Intervention of Ilaj-bit-Tadbeer in the Management of Pain and Disability, Organized by Department of Ilaj-bit-Tadbeer, Faculty of Unani Medicine, AKTC, AMU, Aligarh on 7-8 March 2016.

11. **Member Organizing Committee**, MCON'17, Two day National Conference on Moalejat, organised by dept. of Moalejat, AMU, Aligarh held on 21-22 March 2017.
12. **Rapporteur**, MCON'17, Two day National Conference on Moalejat, organised by dept. of Moalejat, AMU, Aligarh held on 21-22 March 2017.
13. **Member Organizing Committee** (Registration Committee), National Conference on Depression- Holistic & Integrated Approach in its Management, organized by Department of Tahaffuzi wa Samaji Tib (PSM), Faculty of Unani Medicine, AMU, Aligarh on 7-8 April, 2017
14. **Rapporteur**, National Conference on Depression- Holistic & Integrated Approach in its Management, organized by Department of Tahaffuzi wa Samaji Tib (PSM), Faculty of Unani Medicine, AMU, Aligarh on 7-8 April, 2017

RESPONSIBILITIES AND ASSIGNMENTS AT SUMER, JAMIA HAMDARD

1. **Nodal Officer**, School Admission Committee, School of Unani Medical Education and Research, Jamia Hamdard, for Admissions of **BUMS, MD, Pre-Tib** and **Diploma in Unani Pharmacy**, Session 2021-2022, 2022-2023 and 2023-2024.
2. **Co-ordinator In-charge**, PG Orientation Programme, SUMER for 2022-23 and 2023-24 MD Students.
3. **Tabulator**, Examination of UG and PG, School of Unani Medical Education and Research, Jamia Hamdard for the sessions 2018-2019, 2019-2020, 2020-2021, 2021-2022
4. **Member**, School Admission Committee, School of Unani Medical Education and Research, Jamia Hamdard, for Admissions of **BUMS, MD, Pre-Tib** and **Diploma in Unani Pharmacy**, Session 2019-2020, 2020-2021
5. **Member**, CCIM visit preparation committee 2020, Jamia Hamdard Website updating for the School of Unani Medical Education and Research, Jamia Hamdard.
6. **Member**, IQAC for NAAC SSR Criteria Team (Criteria-V) (JH/IQAC/274 Notification dated: 20.10.2021)
7. **Member**, Institute of Eminence (IoE) Team, for collection of data for uploading on UGC website (Notification N0. AS/IoE/JH-5/2020/112/441, dated 20th February 2020)

SEMINARS/ CONFERENCES/ CME/ WORKSHOPS/ SYMPOSIUM ATTENDED

1. National symposium on "Relevance of Pharmacovigilance for Indian Systems of Medicine", (under the aegis of Society of Pharmacovigilance, India), at Department of Pharmacology, J.N. Medical College, AMU, Aligarh on 4th November 2006
2. AIDS Day 2006 Symposium on "Medico-Social Implications of HIV/AIDS in India", held by the AIDS Cell of the IAMMS, Aligarh, on 1-2nd December 2006.
3. Workshop on "Biomedical Ethics", organised by ICMR, New Delhi, and CCRUM, New Delhi, under the project Centrally co-ordinated Bioethics Education for India, Funded by Fogarty International Centre, National Institute of Health, USA, at AMU, Aligarh, on 2nd August 2008.

4. National Workshop on “Post Graduate Education, Research Methodology & Manuscript Studies in Unani Medicine”, organised by Ibn Sina Academy of Medieval Medicine & Sciences, Aligarh, Sponsored by AYUSH on 22-23rd November 2010.
5. CME, on Cardiology, Conducted by Max Health Care, New Delhi, in collaboration with Regima Health care Centre Aligarh and Faculty of Unani Medicine, AMU, Aligarh, on 23rd September 2012.
6. National Workshop on “PG Education in Tashreehul Badan- A Need of the Hour” organized by Department of Tashreehul Badan, A.K.T.C, AMU, Aligarh, 25th September 2012.
7. National Workshop cum Symposium on “Matab wa Nuskha Nawisi”, organized by Department of Moalejat, A.K.T.C, AMU, Aligarh, 27th September 2012.
8. JCON, Third National Conference-cum-Workshop/Symposium, organized by Department of Jarahat, Faculty of Unani Medicine, Ajmal Khan Tibbiya College, AMU, Aligarh, 29-30 September 2012.
9. National Workshop on “Mental well being – An imperative dimension of health”, organized by Department of Tahuffuzi wa Samaji Tib, Faculty of Unani Medicine, Ajmal Khan Tibbiya College, AMU, Aligarh, 10th October 2012.
10. National Symposium on Areas of Research in Tashreehul Badan “At-Tashreeh” organized by Department of Tashreehul Badan, A.K. Tibbiya College, AMU, Aligarh, 18th March 2013.
11. Two Days National Workshop on “Nuskha Nawisi”, organized by Department of Moalajat, A.K. Tibbiya College, Faculty of Unani Medicine, A.M.U., Aligarh on 22&23 October 2013.
12. National Workshop on Hepatitis-B “Its Closer than you think”, organized by Department of Tahaffuzi wa Samaji Tib, Faculty of Unani Medicine, AMU, Aligarh, on 30th October 2013.
13. CME “First Primer in Paediatric Nephrology”, organized by the Department of Pediatrics, JNMC, AMU, Aligarh in Association with International Society of Nephrology on 7th December 2013.
14. CT-CME Thoracic Surgery 2013, organized by the Department of Cardiothoracic Surgery and Vascular Diseases in Association with Indian Association of Cardio Vascular Thoracic Surgeons on 14-15 December 2013.
15. Symposium on Heart Failure and Arrhythmias, organized by J.N. Medical College, A.M.U. Aligarh on 15th February 2014.
16. National Workshop on “Potential of Ilaj bit Tadbeer in the Management of Life Style Disorders”, Deptt. of Ilaj bit Tadbeer, Faculty of Unani Medicine, A.K. Tibbiya College, A.M.U., Aligarh, 27 September 2014.
17. International Seminar on Life and Contribution of Ibn-e-Sina, Ibn-e-Sina Academy, Aligarh, 25-27 October 2014.
18. Second National Seminar on Relevance of Modern Methods of Studies in Unani Medicine, Deptt. of Ilmul Advia, Faculty of Unani Medicine, AMU, Aligarh, 27-28 November 2014.
19. Symposium on Recent Advancements in the Therapeutics of Chronic skin disorders, organized by Deptt. of Amraz-e-Jild wa Zohrawiya,, Faculty of Unani Medicine, A.M.U., Aligarh 1, Dec. 2014
20. National Workshop with Hands on Training session on Scope of Basic Therapeutics of Unani Medicine in Today’s Scenario, organized by Karwan-e-Sir Syed Educational &

Welfare Society, India in Collaboration with National Service Scheme (NSS) Aligarh Muslim University, Aligarh, 26-27 May 2015

21. CME cum Workshop on Sleep and Non-Invasive Ventilation, Deptt. of Pulmonary Medicine, JNMC, AMU, Aligarh 30 January 2016
22. National Conference cum workshop on management of Pain in Joints, Jamia Tibbiya Deoband and Shamim Ahmad Saeedi Hospital for joint pain, 02 May 2016
23. Workshop on “Management of Intellectual Property in Academic Institution” organized by Innovation Council, AMU, Aligarh, 14th May 2016.
24. National Symposium on *Usool-e-Tashkhees* (Principles of Diagnosis), organized by Department of Moalejat, Faculty of Unani Medicine, AMU, Aligarh on 5th November 2016.
25. International Symposium on Diversification of Health Research: An Evidence-based Approach organized by Department of Amraz-e-Jild wa Zohrawiya, AMU, Aligarh in collaboration with Foundation for Evidence-based Development in India (FEDI), 12th January, 2017
26. International Workshop on Publishing in High Impact Journals, organized by Z.H. College of Engineering and Technology, AMU, Aligarh on 25th April 2017.
27. Workshop on Research Priorities in Hifzaz-e-Sehat, organized by Department of Tahaffuzi wa Samaji Tib, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi, on 20th March 2018.
28. National CME on “Uniting to Create Leaders to End Tuberculosis”, organized by Deptt. of Microbiology, HIMSR & HAH Hospital and School of Unani Medical Education and Research, Jamia Hamdard, New Delhi, on 27th March 2018.
29. One Day Workshop on “Framework of Multiple Choice Questions (MCQs)”, organized by All India Institute of Ayurveda (AIIA), New Delhi, on 2nd May 2018.
30. International Workshop on “Managing Research for Effective Outcome”, organized by Deptt. of Management, SMBS, Jamia Hamdard, New Delhi, on 4th August 2018
31. CME on “HIV/AIDS- Unite in the Fight”, on the eve of World AIDS Day 2018, organized by Department of Moalejat, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi, on 29th December 2018.
32. CME on Biostatistics, Hands on SPSS and EXCELL, organized by Department of Moalajat, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi, on 25th January 2019.
33. Workshop on “Art of Framing Multiple Choice Questions”, organized by All India Institute of Ayurveda (AIIA), New Delhi, on 5th March 2019.
34. CME on “Role of Ilaj bit Tadbeer and Physiotherapy in the Management of Musculoskeletal Disorders”, organized by Department of Moalajat, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi, on 6th March 2019.
35. CME Programme on “Basics of Research Methodology & Biostatistics” organized by Department of Tahaffuzi wa Samaji Tib, SUMER, Jamia Hamdard, New Delhi, on 19th March 2019.
36. Webinar on “*Prevention is better than Cure: Potential Unani Solution for COVID-19*” organized by SUMER, Jamia Hamdard, on May 13, 2020

37. Online training on “An update on COVID-19 for AYUSH doctors on Preparedness, Response and Containment of Pandemic” organized by Department of Health and Family Welfare Govt. of Delhi and Directorate of AYUSH, Govt. of NCT Delhi, on 28th May 2020.
38. Webinar on “*Post COVID 19 era - A challenge on imparting Unani Education, Training & Research*” organized by SUMER, Jamia Hamdard, on June 03, 2020
39. Webinar on “*Possibilities Explored in Management of COVID-19*” organized by SUMER, Jamia Hamdard, on June 08, 2020
40. National Webinar on “Optimising *tabi‘at* (physis) & Boosting Immunity as cell cure-all in epidemics and pandemics”, organized by Deptt. of Munafeul Aza, Faculty of Unani Medicine, AMU, Aligarh on June 12, 2020
41. Webinar on “*Amraz -e- Niswan wa Qabalat (Gynae & obstetrics): How to manage in CORONA & COVID-19*” organized by SUMER, Jamia Hamdard, on 25th June, 2020
42. International Webinar on “*Global Preparedness, Updates and Alternative Medicine: Role to be played ahead for COVID-19*” organized by SUMER, Jamia Hamdard, on June 30, 2020
43. Webinar on “*Caring your Heart, Liver and Nervous System: An Approach, During Corona CoV2 Pandemic*” organized by SUMER, Jamia Hamdard, on July 7, 2020

CONTACT DETAILS

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Place: New Delhi

Date: 24/03/2025

Dr. Md. Wasi Akhtar

Assistant Professor

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