



OCCUPATIONAL THERAPIST

# Dr. FIRDOUS MOHAMMAD IKRAM

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New Delhi, India

**I am HCPC-registered Occupational Therapist, with extensive experience in implementing frames of references, utilizing evidence-based practices in interventions, and supervising and training OT students. Skilled for documentation and OT consultation in areas such as Mental Health Rehabilitation, Community Rehabilitation Services, and Neuro-Rehabilitation. I collaborate closely with multidisciplinary team members and patients of all ages to improve their quality of life.**

## WORK EXPERIENCE

### JAMIA HAMDARD, INDIA • ASSISTANT PROFESSOR

2025 - NOW

Clinical supervised training to OT students  
Mentor students for research/education/career  
Delivering lectures  
Continuous Professional Development  
Assessing student's performance outcomes  
Community awareness workshops  
Departmental Audit skills

### SENSITIVITY CLINIC, INDIA • OCCUPATIONAL THERAPIST

2024 - 2025

Worked with various neurological, mental health or other conditions  
OT Consultation and treatment of clients  
Conducted assessments/evaluation, Planned goals/interventions  
Parent/caregiver education, Develop home plan/discharge plan  
Continuous Professional Development  
Collaboration with multi-disciplinary and rehabilitation team  
Documentation in Excel, Drive, Word, etc.

### BLK MAX SUPER SPECIALTY HOSPITAL, INDIA • OCCUPATIONAL THERAPIST

2023 - 2024

Worked with the multi-disciplinary team (consultants, critical care units and specialists in neurology, neuro-surgery, pediatric neurology, psychiatry, pediatric surgery, cosmetic surgery, orthopedics, cardio-pulmonary, etc.)  
Performed assessments/evaluation  
Planned and implemented goals/interventions autonomously  
Documentation in CPRS, Excel, etc.  
Continuous Professional Development  
Parent/caregiver education, Environmental modifications  
Assistive technology (eg., Robotic gait trainer, Biofeedback)  
Developed home plans post discharge, Home visits for OT services  
Audit skills.

## LICENSES

**HCPC:** REGISTRATION NO. OT093090

## OCCUPATIONAL THERAPY

### JAMIA HAMDARD, INDIA

2021 - 2023

MASTER OF OCCUPATIONAL THERAPY-  
PAEDIATRICS

Acquired Specialist skills in Pediatric Occupational Therapy  
Engaged in extensive clinical postings and research study.  
Achieved expertise hands on training during clinical postings (outreach)  
Successfully qualified for degree with First Division.

### JAMIA HAMDARD, INDIA

2016 - 2021

BACHELOR OF OCCUPATIONAL THERAPY

Acquired basic knowledge and skills of Occupational Therapy.  
Participated in compulsory clinical training periods monthly.  
Accomplished degree with First Division.

## SKILLS

- ∴ Leadership & MDT collaboration
- ∴ Caseload Management
- ∴ Clinical reasoning & Problem Solving
- ∴ IT skills (excel, word, etc)
- ∴ Communication
- ∴ Assessment/intervention/Documentation
- ∴ Supervisor training

## HONORS & AWARDS

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**2025:** Presented scientific paper entitled "**To assess Anxiety and Phobia in female college going students forresuming college after Covid-19 Confinement: A pilot study**" at **62nd Annual National Conference of all India Occupational Therapists' Association**, Goa, India.

**2024:** Published a chapter entitled "**Occupational Therapy in Early Intervention**" in Renova International Publications.

**2024:** Scientific Paper Presentation on a topic "**Multimodal Sensory Stimulation Protocol to improve Arousal and Alertness for a Transition from Vegetative State to Functional Independence: A Case Study**" at the Indian Aviation Academy in New Delhi, India.

**2024:** Delivered a lecture entitled "**Emerging Scope of Occupational Therapy in Hospital**" at Jamia Hamdard, India.

**2024:** Honored as a Speaker for event "**Holistic & Multidisciplinary Care in a Child with Cerebral Palsy**" at BLK - Max Super Specialty Hospital, India.

**2024:** Attended **61st Annual National Conference of all India Occupational Therapists' Association** at Cochin, India.

**2017:** Participated and accomplished **3rd Prize** in cultural event at **56th Annual National Conference of all India Occupational Therapists' Association** at Chandigarh, India.

## ADDITIONAL INFORMATION

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<https://www.linkedin.com/in/dr-firdous-m-i-368264199/>

## INTERESTS

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Reading OT articles, Visiting new places, Learning new cultures

## REFERENCES

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Dr. Rachna Sharma

Dr. Rashida Begum

Director Pediatric  
Critical Care, BLK MAX  
Super Specialty  
Hospital, India

Head of the  
Department of  
Occupational Therapy,  
Jamia Hamdard, India