

**JAMIA HAMDARD
SPORTS WEEK 2026
ATHLETICS CLUB
(Under the Aegis of Dean Students' Welfare)**

Report on Javelin Throw (Boys) held on 12th February 2026

Chief Patron – Janab Hammad Ahmed Sahab, Chancellor, Jamia Hamdard

Patron – Prof. M. Afshar Alam, Hon'ble VC, Jamia Hamdard

Colonel Tahir Mustafa – Registrar, Jamia Hamdard

Prof. Reshma Nasreen – Dean Students' Welfare, Jamia Hamdard

Prof. Sohrab A. Khan – Sports Secretary, Jamia Hamdard

Annual sports week is eagerly anticipated events in Jamia Hamdard fostering a spirit of camaraderie, healthy competition, and physical activity. These vibrant occasions bring together participants of all ages and abilities to showcase their athletic prowess in a diverse array of sports and games. Beyond the thrill of victory, these gatherings promote inclusivity, resilience, and a sense of belonging, nurturing a lifelong appreciation for fitness and well-being. This Year sports week was held from 9th to 15th February 2026.

The javelin throw is a dynamic and captivating event in track and field athletics, requiring a combination of strength, technique, and precision. Athletes hurl a spear-like javelin with the aim of achieving maximum distance, mastering the art of timing and release for optimal performance.

Javelin Throw (Boys) event was held on 12th February 2026 at Jamia Hamdard sports ground. Almost 100 (99) students from all the schools of Jamia Hamdard registered for this event. This event was divided into 2 phases. In first phase, each athlete was given 2 opportunities. Based on the best score of each athlete, top 8 athletes were promoted to second phase, where these top 8 athletes was given 3 opportunities to throw.

Based on the scores, following are the winners of Javelin Throw (Boys) event

1. MOHD. ANSAR (SHSS)
2. MD. PARVEJ KHAN (SEST)
3. AYAAN ABBAS (SPER)

We would like to extend our congratulations all the athletes who have whole heartedly participated in this event.

Teacher Coordinators

1. Dr. Zuheb A. Siddiqui (Co- Convener)
2. Dr. Faizan Khan Sherwani
3. Dr. Shahid Shah Chaudhary
4. Dr. Sidhartha Sankar Biswas
5. Dr. Abhishek Kumar
6. Dr. Shoaib Ahmad – Faculty co-coordinator from Athletics Club, Jamia Hamdard

The organisation of the Athletics events was facilitated by Mr. Mohd. Asif Khan, Astt. Director, 'A'

Student Coordinators

1. Jiya
2. Praveen
3. Dimple
4. Aamir
5. Ahmed Shah
6. Amir Azam
7. Lamia
8. Nabeel
9. Sneha
10. Yahya
11. Yash
12. Shamim

Dr. Sherin Zafar
Vice President
Athletics Club

Dr. Deepak Malhotra (PT)
President
Athletics Club

Some of the glimpse of Javelin Throw (Boys) held on 12th February 2026





